



Baguettes

10-Grain 6" Baguette

Item # 113400

6Pk Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving % [Daily Value *	* The % Daily
	Total Fat 4.5g	6%	Total Carbohydrate 44g	16%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 4g	13%	a nutrient in a serving of food
6 servings per container	Trans Fat 0g		Total Sugars 9g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	daily diet. 2,000 calories a day is
3 1/5 oz (91g)	Sodium 420mg	18%	Protein 9g		used for general nutrition
Calories 24	Vitamin D 0mcg 0% • 0	Calcium 10mg 0%	• Iron 1.6mg 10% • Potassium	90mg 2%	advice.

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

French 12" Baguette

Item #111100

2Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

4 servings per container

Serving size 1 130/161 oz (51g)

Calories per serving

Amount per serving	% Daily Value *	Amount per serving % [Daily Value *
Total Fat 0g	0%	Total Carbohydrate 27g	10%
Saturated Fat 0g	0%	Dietary Fiber 1g	4%
Trans Fat 0g		Total Sugars <1g	
Cholesterol 0mg	0%	Includes 0g Added Sugar	s 0%
Sodium 340mg	15%	Protein 5g	-

Vitamin D 0mcg 0% • Calcium 40mg 4% • Iron 0mg 0% • Potassium 0mg 0%

you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

The % Daily Value (DV) tells you how much a nutrient in a serving of food

contributes to a daily diet. 2,000

calories a day is

used for general nutrition

advice.

The % Daily Value (DV) tells

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

French 24" Baguette

Item #112100

1Pk Unsliced

Nutrition
Facts

Calories per serving

Nutrition	Amount per serving	% Daily Value *	Amount per serving % Dail	y Value *
	Total Fat 0g	0%	Total Carbohydrate 18g	7%
Facts	Saturated Fat 0g	0%	Dietary Fiber 1g	3%
12 servings per container	Trans Fat 0g		Total Sugars <1g	
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
1 13/50 oz (36g)	Sodium 230mg	10%	Protein 4g	

Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate





French 24" Baguette ParBake Item #112110 1Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Total
Facts	Sat
12 servings per container	Tra
Serving size	Chole
1 31/100 oz (37g)	Sodi

Calories 9

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%

y Value * Amount pe	r serving % Dai	ly Value *
0% Total Ca	Total Carbohydrate 18g 7	
0% Dietary	Dietary Fiber 1g 3°	
Total S	ugars <1g	
0% Inclu	Includes 0g Added Sugars 0%	
10% Protein	4g	
	0% Dietary Total S 0% Inclu	0% Dietary Fiber 1g Total Sugars <1g Includes 0g Added Sugars

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

NGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

French 24" Baguette

Item #112120

½ in sliced

% Daily Value *

Amount per serving

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

48 servings per container Serving size 8/25 oz (9g)

Calories per serving

Amount per serving	% Daily Value *	
Total Fat 0g	0%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 60mg	3%	

Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 1g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0mg 0% • Potassium 0mg 0%

Contains: Wheat

Herb 24" Baguette

Item #112104

1Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

12 servings per container Serving size 1 13/50 oz (36g)

Calories per serving

Amount per serving	% Daily Value *	Amount per serving
Total Fat 0g	0%	Total Carbohydrate
Saturated Fat 0g	0%	Dietary Fiber 1g
Trans Fat 0g		Total Sugars 1g
Cholesterol 0mg	0%	Includes 0g Adde
Sodium 100mg	4%	Protein 4g

19g 7% ed Sugars 0%

% Daily Value *

Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* The % Daily

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Sugar, Malt (Malted barley, wheat flour, dextrose), Salt, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Conditioner (Enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), malted barley flour, ascorbic acid, enzymes), Italian Seasoning (Oregano, Thyme, Sage, Marjoram, Basil and Rosemary), Calcium propionate

Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 0.1mg 0% • Potassium 0mg 0%





Sourdough 24" Baguette

Item #112200

1Pk **Unsliced**

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	* Amount per serving % Daily Va		* The % Daily
	Total Fat 0g	0%	Total Carbohydrate 20g	7%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 1g	3%	a nutrient in a serving of food
12 servings per container	Trans Fat 0g		Total Sugars <1g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	daily diet. 2,000 calories a day is
1 29/50 oz (45g)	Sodium 220mg	9%	Protein 4g		used for
Calories 100 per serving	Vitamin D 0mcg 0% •	Calcium 0mg 0%	6 • Iron 0mg 0% • Potassium 0	Omg 0%	general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Sourdough 24" Baguette

Item #112220

½" sliced

Nutrition	Amount per serving	% Daily Value *	Amount per serving % Dai	ly Value *	* The % Daily
	Total Fat 0g	0%	Total Carbohydrate 5g	2%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 0g	0%	a nutrient in a serving of food
48 servings per container	Trans Fat 0g		Total Sugars 0g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	daily diet. 2,000 calories a day is
2/5 oz (11g)	Sodium 55mg	2%	Protein 1g		used for
Calories 25	Vitamin D 0mcg 0% •	Calcium 0mg 0%	6 • Iron 0mg 0% • Potassium 0	mg 0%	general nutritior advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)





Burger Buns

Burger Bun Brioche Slider

Shelf Life: 6 months frozen, 7 days from thaw

Item #120500

12Pk Single horizontal slice

% Daily Value 3

Nutrition
Nutrition Facts

12 servings per container Serving size 2 17/20 oz (81g)

Calories 280 per serving

Amount per serving	% Daily Value *
Total Fat 10g	13%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 45mg	2%

Amount per serving

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Vitamin D 0.1mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

Contains: Eggs, Milk, Wheat

Burger Bun Brioche 4inch

Item #121500

8Pk Single horizontal slice

% Daily Value *

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

8 servings per container Serving size 2 33/100 oz (66g)

Calories per serving

230

Amount per serving	% Daily Value *	Amount per serving
Total Fat 8g	11%	Total Carbohyd
Saturated Fat 4g	21%	Dietary Fiber 1
Trans Fat 0g		Total Sugars 7
Cholesterol 55mg	18%	Includes 1g
Sodium 40mg	2%	Protein 6g

 Total Carbohydrate 32g
 12%

 Dietary Fiber 1g
 4%

 Total Sugars 7g
 Includes 1g Added Sugars
 3%

 Protein 6g
 3%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Vitamin D 0.1mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

Contains: Eggs, Milk, Wheat

Burger Bun Brioche 4.5inch

Item #122500

8Pk Single horizontal slice

% Daily Value *

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container **Serving size**

2 9/10 oz (82g)

Calories 280

Amount per serving	% Daily Value *
Total Fat 10g	13%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 45mg	2%

Total Carbohydrate 40g	15%
Dietary Fiber 1g	5%
Total Sugars 9g	
Includes 2g Added Sugars	3%
Protein 8g	

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0.1mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

Amount per serving

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat





Burger Bun Brioche Sesame 4.5inch Item #122568

6Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Value * Amount per serving % Daily Va		ITIC 70 Daily
	Total Fat 14g	18%	Total Carbohydrate 41g	15%	Value (DV) tells you how much
Facts	Saturated Fat 5g	26%	Dietary Fiber 2g	6%	a nutrient in a serving of food
6 servings per container	Trans Fat 0g		Total Sugars 9g		contributes to a
Serving size	Cholesterol 65mg	22%	Includes 2g Added Sugars	3%	daily diet. 2,000 calories a day is
2 22/25 oz (82g)	Sodium 50mg	2%	Protein 9g		used for
Calories 32	Vitamin D 0.1mcg 0% •	Calcium 10mg 0%	6 • Iron 0.4mg 2% • Potassium	n 30mg 0%	general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Sesame Seeds, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Sesame, Wheat

Burger Bun Brioche Sesame 4.5inch Item #122588

8Pk Single horizontal slice

		No consecutation of the contract of the contra	Daily Value *	* The % Daily
Total Fat 14g	18%	Total Carbohydrate 41g	15%	Value (DV) tell
Saturated Fat 5g	26%	Dietary Fiber 2g	6%	a nutrient in a serving of food
Trans Fat 0g		Total Sugars 9g		contributes to
Cholesterol 65mg	22%	Includes 2g Added Sugars	3%	daily diet. 2,00 calories a day
Sodium 50mg	2%	Protein 9g		used for general nutrition
	Saturated Fat 5g Trans Fat 0g Cholesterol 65mg	Saturated Fat 5g 26% Trans Fat 0g 22% Cholesterol 65mg 22%	Saturated Fat 5g Trans Fat 0g Cholesterol 65mg 26% Dietary Fiber 2g Total Sugars 9g Includes 2g Added Sugars	Saturated Fat 5g 26% Dietary Fiber 2g 6% Trans Fat 0g Total Sugars 9g Cholesterol 65mg 22% Includes 2g Added Sugars 3%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Sesame Seeds, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid). Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Sesame, Wheat

Burger Bun Brioche 5inch Item #123500 8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
	Total Fat 15g	19%	Total Carbohydrate 58g	21%
Facts	Saturated Fat 7g	37%	Dietary Fiber 2g	8%
servings per container	Trans Fat 0g		Total Sugars 13g	
Serving size	Cholesterol 95mg	32%	Includes 2g Added Sugar	s 5 %
l 9/50 oz (119g)	Sodium 70mg	3%	Protein 12g	
Colorios 44	^			

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

per serving

Vitamin D 0.1mcg 0% • Calcium 10mg 0% • Iron 0.1mg 0% • Potassium 10mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

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Burger Bun Brioche 6inch

Item #124500

8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving %	6 Daily Value *	* The % Daily
	Total Fat 27g	34%	Total Carbohydrate 105g	38%	Value (DV) tells you how much
Facts	Saturated Fat 13g	67%	Dietary Fiber 4g	14%	a nutrient in a serving of food
8 servings per container	Trans Fat 1g		Total Sugars 23g		contributes to a
Serving size	Cholesterol 175mg	58%	Includes 4g Added Sugars	8%	daily diet. 2,000 calories a day is
7 1/2 oz (213g)	Sodium 120mg	5%	Protein 21g		used for
Calories 74	Vitamin D 0.2mcg 2% •	Calcium 10mg 0%	6 • Iron 0.1mg 0% • Potassiur	n 10mg 0%	general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Burger Bun Classic Slider Item #120170

12Pk Single Horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving % Dail	y Value *	* The % Daily
	Total Fat 1g	1%	Total Carbohydrate 26g	9%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 1g	4%	a nutrient in a serving of food
12 servings per container	Trans Fat 0g		Total Sugars <1g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	daily diet. 2,000 calories a day is
1 3/4 oz (50g)	Sodium 290mg	13%	Protein 5g		used for general nutrition
Calories 14	Vitamin D 0mcg 0% •	Calcium 70mg 6°	% • Iron 0mg 0% • Potassium 0	mg 0%	advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Canola Oil, Calcium propionate, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Sugar

Contains: Wheat

Burger Bun Classic Cornmeal Slider Item #120173

12Pk Single Horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

	Amount per serving	% Daily Value *	Amount per serving %	Daily Value *	* The % Daily
Nutrition	Total Fat 1g	2%	Total Carbohydrate 33g	12%	Value (DV) tel
Facts	Saturated Fat 0g	0%	Dietary Fiber 1g	5%	a nutrient in a serving of foo
12 servings per container	Trans Fat 0g		Total Sugars 1g		contributes to
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugar	s 0 %	daily diet. 2,0 calories a day
1 3/4 oz (50g)	Sodium 290mg	13%	Protein 6g	-	used for general nutriti

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Cornmeal, Salt, Canola Oil, Calcium propionate, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Sugar





Burger Bun Classic 4inch

Item #121170

8Pk Single Horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving % Da	ily Value *	* The % Daily
	Total Fat 1.5g	2%	Total Carbohydrate 31g	11%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 1g	4%	a nutrient in a serving of food
8 servings per container	Trans Fat 0g		Total Sugars 3g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 2g Added Sugars	4%	daily diet. 2,000 calories a day is
2 33/100 oz (66g)	Sodium 320mg	14%	Protein 6g		used for general nutrition
Calories 160	Vitamin D 0mcg 0% • 0	Calcium 60mg 4%	• Iron 2.3mg 15% • Potassium 8	0mg 2%	advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Milk, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Malt (Malted barley, wheat flour, dextrose), Calcium propionate

Contains: Milk, Wheat

Burger Bun Classic Sesame 4inch Item #121178 8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from

Nutrition	Amount per serving	% Daily Value *	Amount per serving %	% Daily Value *	* The % Daily
	Total Fat 2g	2%	Total Carbohydrate 31g	11%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 1g	4%	a nutrient in a serving of food
8 servings per container	Trans Fat 0g		Total Sugars 3g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 2g Added Sugars	s 4 %	daily diet. 2,000 calories a day is
2 7/20 oz (67g)	Sodium 320mg	14%	Protein 6g		used for
Calories 17	Vitamin D 0mcg 0% •	Calcium 60mg 4%	• Iron 2.3mg 15% • Potassiur	n 80mg 2%	general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Milk, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Canola Oil, Sesame Seeds, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Malt (Malted barley, wheat flour, dextrose), Calcium propionate

Contains: Milk, Sesame, Wheat

Burger Bun Classic 4.5inch Item #122170 8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from

Nutrition	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	* The % Daily
	Total Fat 2.5g	3%	Total Carbohydrate 51g	19%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 2g	6%	a nutrient in a serving of food
8 servings per container	Trans Fat 0g		Total Sugars 5g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 3g Added Sugars	s 7%	daily diet. 2,000 calories a day is
3 63/100 oz (103g)	Sodium 520mg	23%	Protein 10g		used for
Calories 27	Vitamin D 0mcg 0% • C	Calcium 100mg 8%	• Iron 3.7mg 20% • Potassiur	n 130mg 2%	general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Milk, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Malt (Malted barley, wheat flour, dextrose), Calcium propionate

Contains: Milk, Wheat





Product Information Catalog Coeur D'Alene French Baking

Burger Bun Classic Cornmeal 4.5in Item #122172 8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from

Nutrition	Amount per serving	% Daily Value *	Amount per serving %	Daily Value *	* The % Daily
	Total Fat 2.5g	3%	Total Carbohydrate 57g	21%	Value (DV) tel
Facts	Saturated Fat 0g	0%	Dietary Fiber 2g	7%	a nutrient in a serving of foo
8 servings per container	Trans Fat 0g		Total Sugars 5g		contributes to
Serving size	Cholesterol 0mg	0%	Includes 3g Added Sugars	7%	daily diet. 2,0 calories a day
3 3/5 oz (102g)	Sodium 520mg	23%	Protein 10g		used for
Calories 30	Vitamin D 0mcg 0% • 0	Calcium 100mg 8%	• Iron 3.8mg 20% • Potassium	140mg 4%	general nutritical advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yellow Degermed Cornmeal, Sugar, Milk, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Malt (Malted barley, wheat flour, dextrose), Calcium propionate

Contains: Milk, Wheat

Burger Bun Classic Onion 4.5inch Item #122175 8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from

Nutrition	Amount per serving	% Daily Value *	Amount per serving %	Daily Value *	* The % Daily
	Total Fat 2.5g	3%	Total Carbohydrate 55g	20%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 2g	8%	a nutrient in a serving of food
8 servings per container	Trans Fat 0g		Total Sugars 7g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 3g Added Sugars	7%	daily diet. 2,000 calories a day is
3 63/100 oz (103g)	Sodium 520mg	23%	Protein 10g		used for
Calories 29	Vitamin D 0mcg 0% • 0	Calcium 110mg 8%	• Iron 3.8mg 20% • Potassium	220mg 4%	general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Onion chopped, Sugar, Milk, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Malt (Malted barley, wheat flour, dextrose), Calcium propionate

Contains: Milk, Wheat

Burger Bun Classic Onion & Cheese 4.5in Item #122176 8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from

Nutrition	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	* The % Daily
	Total Fat 4.5g	6%	Total Carbohydrate 56g	20%	Value (DV) tells you how much
Facts	Saturated Fat 1g	6%	Dietary Fiber 2g	8%	a nutrient in a serving of food
8 servings per container	Trans Fat 0g		Total Sugars 7g		contributes to a
Serving size	Cholesterol 5mg	2%	Includes 3g Added Sugars	7%	daily diet. 2,000 calories a day is
3 13/20 oz (103g)	Sodium 570mg	25%	Protein 12g		used for general nutrition
Calories 310	Vitamin D 0mcg 0% • Ca	lcium 160mg 10%	Iron 3.8mg 20% Potassiur	m 230mg 4%	advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Onion chopped, Cheddar Cheese (Pasteurized milk, Cheese culture, Salt, Enzymes, Annatto (color)), Sugar, Milk, Parmesan Cheese (Parmesan Cheese (Part-Skim Milk, Cheese cultures, Salt, Enzymes), Potato starch, Powdered cellulose, Natamycin (a natural mold inhibitor)), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Malt (Malted barley, wheat flour, dextrose), Calcium propionate

Contains: Milk, Wheat





Burger Bun Classic Sesame 4.5inch Item #122178

8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from

Nutrition	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	* The % Daily
	Total Fat 2.5g	3%	Total Carbohydrate 48g	17%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 2g	6%	a nutrient in a serving of food
8 servings per container	Trans Fat 0g		Total Sugars 5g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 3g Added Sugars	6%	daily diet. 2,000 calories a day is
3 3/5 oz (102g)	Sodium 490mg	21%	Protein 9g	0	used for
Calories 260	Vitamin D 0mcg 0% • C	alcium 90mg 8%	• Iron 3.5mg 20% • Potassium	120mg 2%	general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Milk, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Malt (Malted barley, wheat flour, dextrose), Sesame Seeds, Calcium propionate

Contains: Milk, Sesame, Wheat

Burger Bun Classic 5inch

Item #123170

8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	* The % Daily
	Total Fat 2.5g	3%	Total Carbohydrate 53g	19%	Value (DV) tel
Facts	Saturated Fat 0g	0%	Dietary Fiber 2g	7%	a nutrient in a serving of foo
8 servings per container	Trans Fat 0g		Total Sugars 5g		contributes to
Serving size	Cholesterol 0mg	0%	Includes 4g Added Sugars	7%	daily diet. 2,0 calories a day
3 83/100 oz (109g)	Sodium 550mg	24%	Protein 10g		used for
Calories 280	Vitamin D 0mcg 0% • 0	Calcium 100mg 8%	• Iron 3.9mg 20% • Potassium	n 140mg 2%	general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Milk, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Malt (Malted barley, wheat flour, dextrose), Calcium propionate

Contains: Milk, Wheat

Burger Bun Classic Sesame 5inch Item #123178 8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Mutritian	Amou
Nutrition	Tota
Facts	Sa
8 servings per container	Tra
Serving size	Cho
3 22/25 oz (110g)	Sod
Calories 220	, —

	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
n	Total Fat 6g	8%	Total Carbohydrate 55g	20%
	Saturated Fat 0g	0%	Dietary Fiber 2g	7%
er	Trans Fat 0g		Total Sugars 5g	
	Cholesterol 0mg	0%	Includes 4g Added Sugars	s 7%
	Sodium 560mg	24%	Protein 11g	
330	Vitamin D 0mcg 0% • C	alcium 110mg 8%	• Iron 4.3mg 25% • Potassiur	n 160mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sesame Seeds, Sugar, Milk, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Malt (Malted barley, wheat flour, dextrose), Calcium propionate

Contains: Milk, Sesame, Wheat

per serving





Burger Bun Potato Slider

Item #120520

12Pk Single horizontal slice

Facts
12 servings per container
Serving size 1 4/5 oz (51g)

per serving

Nutrition	Amount per serving	% Daily Value *
	Total Fat 2g	2%
Facts	Saturated Fat 0g	0%
12 servings per container	Trans Fat 0g	
Serving size	Cholesterol 0mg	0%
1 4/5 oz (51g)	Sodium 260mg	11%

unt per serving % Daily Value * al Carbohydrate 27g ietary Fiber 1g otal Sugars 4g Includes 0g Added Sugars tein 5g Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 1.9mg 10% • Potassium 60mg 2%

Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat

Burger Bun Potato 4inch

Item #121520

8Pk Single horizontal slice

Daily Value *

14%

5%

0%

% Daily Value *

21%

0%

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

8 servings per container Serving size 2 3/5 oz (74g)

Calories per serving

II OIII tiiaw		
Amount per serving	% Daily Value *	Amount per serving %
Total Fat 2.5g	3%	Total Carbohydrate 38g
Saturated Fat 0g	0%	Dietary Fiber 1g
Trans Fat 0g		Total Sugars 5g
Cholesterol 0mg	0%	Includes 0g Added Sugars
Sodium 360mg	16%	Protein 7g

Vitamin D 0mcg 0% • Calcium 60mg 4% • Iron 2.6mg 15% • Potassium 90mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk. Wheat

Burger Bun Potato 4.5inch

Item #122520

Single horizontal slice

Includes 0g Added Sugars

Amount per serving

Total Carbohydrate 57g

Dietary Fiber 2g

Total Sugars 8g

Protein 10g

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition **Facts**

8 servings per container Serving size 3 22/25 oz (110g)

Calories per serving

% Daily Value *
5%
0%
0%
23%

Vitamin D 0mcg 0% • Calcium 100mg 8% • Iron 3.9mg 20% • Potassium 130mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat





Burger Bun Potato Sesame 4.5inch Item #122528 8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving %	6 Daily Value *	* The % Daily
	Total Fat 4g	5%	Total Carbohydrate 53g	19%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 2g	6%	a nutrient in a serving of food
8 servings per container	Trans Fat 0g		Total Sugars 7g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	daily diet. 2,00 calories a day
3 17/20 oz (109g)	Sodium 500mg	22%	Protein 9g		used for
Calories 290	Vitamin D 0mcg 0% • 0	Calcium 90mg 6%	• Iron 3.7mg 20% • Potassium	120mg 2%	general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Sesame Seeds, Calcium propionate

Contains: Milk, Sesame, Wheat

Burger Bun Potato 5inch

Item #123520

8Pk Single horizontal slice

% Daily Value *

19%

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

8 servings per container Serving size 3 22/25 oz (110g)

Calories 290 per serving

Amount per serving	% Daily Value *
Total Fat 3.5g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 510mg	22%

Dietary Fiber 2g 7%
Total Sugars 8g
Includes 0g Added Sugars 0%
Protein 9g

Amount per serving

Total Carbohydrate 54g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Vitamin D 0mcg 0% • Calcium 90mg 6% • Iron 3.7mg 20% • Potassium 120mg 2%

Contains: Milk, Wheat

Burger Bun Wheat 4.5 in

Item# 122330

8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts
Facts

8 servings per container **Serving size**

3 2/5 oz (96g)

Calories 250 per serving

Amount per serving	% Daily Value *	Amount
Total Fat 2.5g	3%	Total (
Saturated Fat 0g	0%	Dieta
Trans Fat 0g		Total
Cholesterol 0mg	0%	Inc
Sodium 410mg	18%	Protei

Total Carbohydrate 47g 17%

Dietary Fiber 3g 12%

Total Sugars 4g

Includes 3g Added Sugars 5%

Protein 11g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Vitamin D 0mcg 0% • Calcium 90mg 6% • Iron 0.4mg 2% • Potassium 30mg 0%





Hot Dog Buns

Bun Hot Dog 6in

Item #129520

6Pk Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts
Facts

6 servings per container
Serving size
1 22/25 oz (53g)

Calories 140

Amount per serving	% Daily Value *
Total Fat 2g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	11%

Amount per serving % Daily Value *

Total Carbohydrate 26g 9%

Dietary Fiber 1g 3%

Total Sugars 4g

Includes 0g Added Sugars 0%

Protein 5g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Vitamin D 0mcg 0% · Calcium 40mg 4% · Iron 1.8mg 10% · Potassium 60mg 2%

Contains: Milk, Wheat

Bun Hot Dog 12in

Shelf Life: 6 months frozen, 7 days from thaw

Item #129526

6Pk Single hinge slice

Amount per serving

Nutrition Facts

6 servings per container Serving size 5 13/25 oz (156g)

Calories 450

Amount per serving	% Daily Value *
Total Fat 6g	7%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 780mg	34%

Total Carbohydrate 83g	30%
Dietary Fiber 3g	10%
Total Sugars 12g	
Includes 0g Added Sugars	0%
Protein 15g	

% Daily Value *

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Vitamin D 0mcg 0% · Calcium 140mg 10% · Iron 5.7mg 30% · Potassium 190mg 4%

Contains: Milk, Wheat





Cannonballs

Cannonball 8oz Sourdough

Shelf Life: 6 months frozen, 7 days from thaw

Item #131201

Amount per serving

2Pk Uncut

Nutrition
Facts

2 servings per container Serving size 8 19/20 oz (254g)

Calories per serving

Amount per serving	% Daily Value *
Total Fat 2g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1410mg	61%

% Daily Value Total Carbohydrate 129g 47% Dietary Fiber 5g 19% Total Sugars 4g Includes 0g Added Sugars 0% Protein 26g

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Cannonball 8oz Sourdough

Shelf Life: 6 months frozen, 7 days from thaw

Item #131202

Amount per serving

Total Carbohydrate 129g

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

5Pk Uncut

% Daily Value *

47%

Value *

47%

19%

0%

Nutrition
Facts

5 servings per container Serving size 8 19/20 oz (254g)

Calories per serving

Amount per serving	% Daily Value *
Total Fat 2g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1410mg	61%

Dietary Fiber 5g 19% Total Sugars 4g Includes 0g Added Sugars Protein 26g

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Cannonball 8oz Sourdough

Item #131203

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

5Pk Cut

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition **Facts**

5 servings per container Serving size 8 19/20 oz (254g)

Calories per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily
Total Fat 2g	2%	Total Carbohydrate 1	129g
Saturated Fat 0g	0%	Dietary Fiber 5g	
Trans Fat 0g		Total Sugars 4g	
Cholesterol 0mg	0%	Includes 0g Adde	d Sugars
Sodium 1410mg	61%	Protein 26g	

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)





Cannonball 10oz Sourdough Shelf Life: 6 months frozen, 7 days from thaw

Item #132205

4Pk Uncut

Nutrition **Facts**

4 servings per container Serving size 10 93/100 oz (310g)

Calories per serving

Amount per serving	% Daily Value *	Amount per
Total Fat 2g	3%	Total Car
Saturated Fat 0g	0%	Dietary
Trans Fat 0g		Total Su
Cholesterol 0mg	0%	Includ
Sodium 1520mg	66%	Protein 2

serving % Daily Value * rbohydrate 139g 51% Fiber 6g 21% ugars 4g des 0g Added Sugars 0% Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Cannonball 10oz Sourdough

Shelf Life: 6 months frozen, 7 days from thaw

Item #132206

4Pk Cut

Nutrition
Facts

4 servings per container Serving size 10 93/100 oz (310g)

Calories per serving

Amount per serving	% Daily Value *	Amount per serving % Daily	Value *
Гоtal Fat 2g	3%	Total Carbohydrate 139g	51%
Saturated Fat 0g	0%	Dietary Fiber 6g	21%
Trans Fat 0g		Total Sugars 4g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 1520mg	66%	Protein 27g	

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Cannonball 12oz Sourdough

Item #133207

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

Amount per serving

4Pk Uncut

% Daily Value *

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition **Facts**

4 servings per container Serving size 13 oz (369g)

Calories

Amount per serving	% Daily Value *	
Total Fat 2.5g	3%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 1960mg	85%	

Total Carbohydrate 180g	65%
Dietary Fiber 8g	27%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 36g	

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)





Cannonball 16oz Sourdough

Shelf Life: 6 months frozen, 7 days from thaw

Item #134240

34 sliced

Nutri	ition
Nutri Facts	S

9 servings per container Serving size 1 91/100 oz (54g)

Calories per serving

Amount per serving	% Daily Value *	
Total Fat 0g	0%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 300mg	13%	

Amount per serving % Daily Value * Total Carbohydrate 27g 10% Dietary Fiber 1g 4% Total Sugars <1g Includes 0g Added Sugars 0% Protein 5g

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Ciabatta

Ciabatta Italian Square

Item #147854

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

4 Pk Single Horizontal Slice

Calories per serving

Nutrition	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
	Total Fat 1.5g	2%	Total Carbohydrate 64g	23%
Facts	Saturated Fat 0g	0%	Dietary Fiber 3g	12%
4 servings per container	Trans Fat 0g		Total Sugars 2g	
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	s 0 %
4 29/50 oz (130g)	Sodium 470mg	20%	Protein 12g	

Vitamin D 0mcg 0% • Calcium 130mg 10% • Iron 5.1mg 30% • Potassium 20mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2.000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Flour (Wheat flour, Vitamin C (ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced iron, thiamine mononitrate, Riboflavin, Folic acid)., Italian Seasoning (Oregano,Thyme, Sage, Marjoram,Basil and Rosemary), Distilled White Vinegar(diluted with water to 5% (50 grains) acidity), Salt, Malt (Malted barley, wheat flour, dextrose), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Ciabatta Square

Item #147860

4Pk Single Horizontal Slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition **Facts**

4 servings per container Serving size 4 29/50 oz (130g)

Calories per serving

Amount per serving % Daily Value *		Amount per serving	
Total Fat 0.5g	1%	Total Carbohydrate	
Saturated Fat 0g	0%	Dietary Fiber 2g	
Trans Fat 0g		Total Sugars 2g	
Cholesterol 0mg	0%	Includes 0g Add	
Sodium 470mg	20%	Protein 11g	

e 59g 22% 8% ded Sugars Protein 11g

% Daily Value *

Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

The % Daily

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Flour (Wheat flour, Vitamin C (ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced iron, thiamine mononitrate, Riboflavin, Folic acid)., Distilled White Vinegar(diluted with water to 5% (50 grains) acidity), Salt, Malt (Malted barley, wheat flour, dextrose), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0.7mg 4% • Potassium 20mg 0%





% Daily Value *

% Daily Value *

26%

10%

Product Information Catalog Coeur D'Alene French Baking

Ciabatta Square Item #147861 4Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

4 servings per container Serving size 4 29/50 oz (130g)

Calories 290 per serving

Amount per serving	% Daily Value *	Amount per serving
Total Fat 0.5g	1%	Total Carbohyo
Saturated Fat 0g	0%	Dietary Fiber
Trans Fat 0g		Total Sugars 2
Cholesterol 0mg	0%	Includes 0g
Sodium 470mg	20%	Protein 11g

Total Carbohydrate 59g 22%

Dietary Fiber 2g 8%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 11g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Flour (Wheat flour, Vitamin C (ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced iron, thiamine mononitrate, Riboflavin, Folic acid)., Distilled White Vinegar(diluted with water to 5% (50 grains) acidity), Salt, Malt (Malted barley, wheat flour, dextrose), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0.7mg 4% • Potassium 20mg 0%

Contains: Wheat

Ciabatta 6x3 Item #147876 6Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container Serving size 5 2/5 oz (153g)

Calories 350

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 560mg	24%

Total Sugars 2g

0% Includes 0g Added Sugars 0%

24% Protein 14g

Amount per serving

Dietary Fiber 3g

Amount per serving

Total Carbohydrate 71g

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.9mg 4% • Potassium 30mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Flour (Wheat flour, Vitamin C (ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced iron, thiamine mononitrate, Riboflavin, Folic acid)., Distilled White Vinegar(diluted with water to 5% (50 grains) acidity), Salt, Malt (Malted barley, wheat flour, dextrose), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Dinner Rolls

Dinner Rolls 10-Grain

Item# 144530

12Pk Unsliced

% Daily Value *

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

12 servings per container Serving size 1 39/50 oz (50g)

Calories 150

Amount per serving	% Daily Value *
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%

Total Carbohydrate 27g	10%
Dietary Fiber 2g	8%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 5g	

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 1mg 6% • Potassium 50mg 2%

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar





Dinner Rolls Brioche

Item #144500

12Pk

Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Α
	Total Fat 7g	9%	T
Facts	Saturated Fat 3.5g	17%	
12 servings per container	Trans Fat 0g		
Serving size 1 39/50 oz (50g)	Cholesterol 45mg	15%	
	Sodium 35mg	2%	P
Colorios DOO			

mount per serving % Daily Value * otal Carbohydrate 27g 10% Dietary Fiber 1g 4% Total Sugars 6g Includes 1g Added Sugars 2% Protein 6g

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2.000 calories a day is used for general nutrition advice.

Caiories per serving

200 Vitamin D 0.1mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Dinner Rolls French

Item #144100

12Pk

Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

12 servings per container Serving size 1 83/100 oz (52g)

Calories per serving

Amount per serving	% Daily Value *	Amount per serving
Total Fat 0g	0%	Total Carbohydr
Saturated Fat 0g	0%	Dietary Fiber 1
Trans Fat 0g		Total Sugars <1
Cholesterol 0mg	0%	Includes 0g A
Sodium 320mg	14%	Protein 5g

% Daily Value * The % Daily Value (DV) tells rate 25g 9% you how much a nutrient in a 4% serving of food contributes to a 1g daily diet. 2,000 Added Sugars calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Vitamin D 0mcg 0% • Calcium 40mg 4% • Iron 0mg 0% • Potassium 0mg 0%

Contains: Wheat

Dinner Rolls Herb

Item #144104

12Pk

Unsliced

% Daily Value *

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition **Facts**

12 servings per container Serving size 1 9/10 oz (54g)

Calories

% Daily Value * Amount per serving Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 150mg

Amount per serving Total Carbohydrate 28g 10% Dietary Fiber 1g 4% Total Sugars 2g Includes 0g Added Sugars Protein 5g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 40mg 2% • Iron 0.1mg 0% • Potassium 0mg 0% per serving

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Sugar, Malt (Malted barley, wheat flour, dextrose), Salt, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Conditioner (Enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), malted barley flour, ascorbic acid, enzymes), Italian Seasoning (Oregano,Thyme, Sage, Marjoram, Basil and Rosemary), Calcium propionate





Dinner Rolls Potato Item #144520 12Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

12 servings per container Serving size 1 22/25 oz (53g)

Calories 160

Amount per serving	% Daily Value *
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%

Total Carbohydrate 29g 11%

Dietary Fiber 1g 4%

Total Sugars 4g

Includes 0g Added Sugars 0%

Protein 5g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 2mg 10% • Potassium 70mg 2%

Contains: Milk, Wheat

Dinner Rolls Potato IW

Shelf Life: 6 months frozen, 7 days from thaw

Item #145520

Ea

Amount per serving

Individually Wrapped

% Daily Value *

Nutrition
Facts

1 serving per container Serving size 1 22/25 oz (53g)

Calories 160

Amount per serving	% Daily Value *
Total Fat 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%

Total Carbohydrate 29g 11%

Dietary Fiber 1g 4%

Total Sugars 4g

Includes 0g Added Sugars 0%

Protein 5g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid). Salt. Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate,

Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 2mg 10% • Potassium 70mg 2%

Contains: Milk, Wheat

Dinner Rolls Sourdough

Item #144200

12Pk

Amount per serving

Unsliced

% Daily Value *

Shelf Life: 6 months frozen, 7 days from thaw

riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Nutrition Facts

12 servings per container Serving size 1 22/25 oz (53g)

Calories per serving

130

Amount per serving	% Daily Value *	
Total Fat 0g	0%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 290mg	13%	

, and antiport out thing	70 Daily Talas
Total Carbohydrate 26g	10%
Dietary Fiber 1g	4%
Total Sugars <1g	
Includes 0g Added Su	gars 0 %
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%





Dinner Rolls Sweet Molasses

Item #144600

12Pk

Unsliced

Calories per serving

Nutrition	Amount per serving	% Daily Value *
	Total Fat 3g	4%
Facts	Saturated Fat 0g	0%
12 servings per container	Trans Fat 0g	
Serving size	Cholesterol 0mg	0%
2 7/25 oz (65g)	Sodium 360mg	16%

Amount per serving % Daily Value * Total Carbohydrate 38g 14% Dietary Fiber 3g 12% Total Sugars 7g Includes <1g Added Sugars 1% Protein 7g Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.3mg 2% • Potassium 60mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Whole Wheat Flour, Water, Sugar, Rolled Oats, Brown sugar (Sugar, Cane Molasses and Invert Sugar), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Caramel Color, Cane Molasses, Salt, Conditioner (Enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), malted barley flour, ascorbic acid, enzymes)

Contains: Wheat

Dinner Rolls Whole Wheat

Item #144430

12Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition **Facts**

12 servings per container Serving size 1 3/5 oz (45g)

Calories per serving

Amount per serving	% Daily Value *	
Total Fat 1.5g	2%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 210mg	9%	

Amount per serving % Daily Value * Total Carbohydrate 24g 9% Dietary Fiber 2g 6% Total Sugars 2g Includes 1g Added Sugars 3% Protein 6g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 0.2mg 2% • Potassium 10mg 0%

Contains: Wheat

Hoagies

Hoagie 6in Rustic Sl

Shelf Life: 6 months frozen, 7 days from thaw

Item #160210

6Pk Single hinge slice

Nutrition Facts

6 servings per container Serving size 4 11/20 oz (129g)

Calories per serving

Amount per serving	% Daily Value *	
Total Fat 1g	1%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 830mg	36%	

Amount per serving	% Daily Value *
Total Carbohydrate 66g	24%
Dietary Fiber 3g	10%
Total Sugars 2g	
Includes 0g Added Suga	ars 0 %
Protein 13g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 100mg 8% • Iron 0.1mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate





% Daily Value *

24%

10%

0%

Product Information Catalog Coeur D'Alene French Baking

Hoagie 6in Rustic Item #160211 6Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Ì
Facts	

6 servings per container Serving size 4 11/20 oz (129g)

Calories per serving

Amount per serving	mount per serving % Daily Value *		
Total Fat 1g	1%	Total Carbohydrate 66g	
Saturated Fat 0g	0%	% Dietary Fiber 3g	
Trans Fat 0g		Total Sugars 2g	
Cholesterol 0mg	0%	Includes 0g Added St	
Sodium 830mg	36%	Protein 13g	

 The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Vitamin D 0mcg 0% · Calcium 100mg 8% · Iron 0.1mg 0% · Potassium 0mg 0%

12Pk

56%

Vitamin D 0mcg 0% • Calcium 290mg 20% • Iron 0.1mg 0% • Potassium 20mg 0%

Contains: Wheat

Hoagie 8in Cheddar Sl

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition **Facts**

12 servings per container Serving size 6 39/50 oz (192g)

Calories per serving

Item #160312

Sodium 1290mg

% Daily Value * Amount per serving Amount per serving Total Fat 8g 10% Saturated Fat 3g 16% Trans Fat 0g Cholesterol 20mg 6%

Total Carbohydrate 90a 33% Dietary Fiber 4g 14% Total Sugars 3g Includes 0g Added Sugars 0% Protein 23g

Single hinge slice

% Daily Value *

Added Sugars

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2.000 calories a day is used for general nutrition advice

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Cheddar Cheese (Pasteurized milk, Cheese culture, Salt, Enzymes, Annatto (color)), Parmesan Cheese (Parmesan Cheese (Part-Skim Milk, Cheese cultures, Salt, Enzymes), Potato starch, Powdered cellulose, Natamycin (a natural mold inhibitor)), Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Milk, Wheat

Hoagie 8in French Sl

Item #160310

12Pk Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container Serving size 6 1/4 oz (177g)

Calories per serving

Amount per serving % Daily Value * Total Fat 4g 5% Saturated Fat 0g 0% Trans Fat 0g 0% Cholesterol 0mg Sodium 1020mg 44%

Amount per serving % Daily Value * Total Carbohydrate 92g 33% Dietary Fiber 4g 14% Total Sugars 3g Includes 0g Added Sugars 0% Protein 18g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% · Calcium 250mg 20% · Iron 0.2mg 0% · Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Canola Oil, Calcium propionate, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Sugar





Hoagie 8in Herb Sl

Item #160315

12Pk

Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts
Facts

12 servings per container Serving size 6 33/100 oz (179g)

Calories per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 1.5g	2%	Total Carbohydrate 95g	35%
Saturated Fat 0g	0%	Dietary Fiber 4g	15%
Trans Fat 0g		Total Sugars 6g	
Cholesterol 0mg	0%	Includes 1g Added Sugars	s 2 %
Sodium 510mg	22%	Protein 18g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2.000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 130mg 10% • Iron 0.5mg 2% • Potassium 20mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Sugar, Malt (Malted barley, wheat flour, dextrose), Salt, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Conditioner (Enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), malted barley flour, ascorbic acid, enzymes), Italian Seasoning (Oregano, Thyme, Sage, Marjoram, Basil and Rosemary), Calcium propionate

Contains: Wheat

Hoagie 8in Herb Rustic Sl

Item #160414

12Pk

Protein 18g

Vitamin D 0mcg 0% • Calcium 130mg 10% • Iron 0.5mg 2% • Potassium 20mg 0%

Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Amount per serving

Trans Fat 0g

Cholesterol 0mg

Sodium 500mg

Saturated Fat 0g

Total Fat 1.5g

Nutrition **Facts**

6 servings per container Serving size 6 11/20 oz (186g)

Calories per serving

% Daily Value * Amount per serving % Daily Value * 2% Total Carbohydrate 93g 34% 0% Dietary Fiber 4g 15% Total Sugars 6g 0% Includes <1g Added Sugars 22%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Sugar, Malt (Malted barley, wheat flour, dextrose), Salt, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Conditioner (Enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), malted barley flour, ascorbic acid, enzymes), Italian Seasoning (Oregano, Thyme, Sage, Marjoram, Basil and Rosemary), Calcium propionate

Contains: Wheat

Hoagie 8in Marble Rye Sl

Item #160330

8Pk Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container Serving size

7 7/20 oz (208g)

Calories per serving

Amount per serving	% Daily Value *	
Total Fat 4g	5%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 940mg	41%	

Amount per serving % Daily Value * Total Carbohydrate 97g 35% Dietary Fiber 6g 20% Total Sugars 2g Includes <1g Added Sugars 1% Protein 20g

Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

The % Daily

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color),

Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Vitamin D 0mcg 0% • Calcium 40mg 4% • Iron 1.3mg 8% • Potassium 130mg 2%





Hoagie 8in Marble Rye

Item #160331

8Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

8 servings per container Serving size 7 7/20 oz (208g)

Calories 500 per serving

Amount per serving % Daily Value		
Total Fat 4g	5%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 940mg	41%	

 Amount per serving
 % Daily Value *

 Total Carbohydrate 97g
 35%

 Dietary Fiber 6g
 20%

 Total Sugars 2g
 Includes <1g Added Sugars</td>
 1%

 Protein 20g
 1%

 The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Vitamin D 0mcg 0% • Calcium 40mg 4% • Iron 1.3mg 8% • Potassium 130mg 2%

Contains: Wheat

Hoagie 8in NW Roll Sl

Shelf Life: 6 months frozen, 7 days from thaw

Item #160319

10Pk

Single hinge slice

Nutrition Facts
Facts

10 servings per container Serving size 6 1/4 oz (177g)

Calories 480

Amount per serving	% Daily Value *	
Total Fat 4g	5%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 1020mg	44%	

Amount per serving % Daily Value *

Total Carbohydrate 92g 33%

Dietary Fiber 4g 14%

Total Sugars 3g
Includes 0g Added Sugars 0%

Protein 18g

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Canola Oil, Calcium propionate, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Sugar

Contains: Wheat

Hoagie 8in Rustic Sl

Item #160410

6Pk Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container Serving size 6 29/50 oz (187g)

Calories 450

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 1.5g	2%	Total Carbohydrate 91g	33%
Saturated Fat 0g	0%	Dietary Fiber 4g	14%
Trans Fat 0g		Total Sugars 3g	
Cholesterol 0mg	0%	Includes 0g Added Sugar	s 0 %
Sodium 1150mg	50%	Protein 18g	

Vitamin D 0mcg 0% • Calcium 250mg 20% • Iron 0.2mg 0% • Potassium 0mg 0%

Vitamin D 0mcg 0% • Calcium 140mg 10% • Iron 0.1mg 0% • Potassium 0mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate





Unsliced

Product Information Catalog Coeur D'Alene French Baking

Hoagie 8in Rustic

Item #160411 6Pk

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving %	Daily Value *	* The % Daily
	Total Fat 1.5g	2%	Total Carbohydrate 91g	33%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 4g	14%	a nutrient in a serving of food
6 servings per container	Trans Fat 0g		Total Sugars 3g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	daily diet. 2,000 calories a day is
6 29/50 oz (187g)	Sodium 1150mg	50%	Protein 18g		used for general nutrition
Calories 45	Vitamin D 0mcg 0% • 0	Calcium 140mg 10	% • Iron 0.1mg 0% • Potassiun	n 0mg 0%	advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Hoagie 8in Cheese Rustic Sl

Item #160413

6Pk Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

6 servings per container Serving size 6 1/2 oz (184g)

Calories 520

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 8g	10%	Total Carbohydrate 90g	33%
Saturated Fat 3g	16%	Dietary Fiber 4g	14%
Trans Fat 0g		Total Sugars 3g	
Cholesterol 20mg	6%	Includes 0g Added Sugar	s 0 %
Sodium 1290mg	56%	Protein 23g	

Vitamin D 0mcg 0% • Calcium 290mg 20% • Iron 0.1mg 0% • Potassium 20mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Cheddar Cheese (Pasteurized milk, Cheese culture, Salt, Enzymes, Annatto (color)), Parmesan Cheese (Parmesan Cheese (Part-Skim Milk, Cheese cultures, Salt, Enzymes), Potato starch, Powdered cellulose, Natamycin (a natural mold inhibitor)), Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Milk, Wheat

Hoagie 8in Sour Sl

Item #160320

12Pk

Single hinge slice

% Daily Value *

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container Serving size 53/122 oz (12g)

Calories 30

Amount per serving	% Daily Value *	Amount per serving
Total Fat 0g	0%	Total Carbohyd
Saturated Fat 0g	0%	Dietary Fiber 0
Trans Fat 0g		Total Sugars 0
Cholesterol 0mg	0%	Includes 0g
Sodium 70mg	3%	Protein 1g

 Total Carbohydrate 6g
 2%

 Dietary Fiber 0g
 0%

 Total Sugars 0g
 0%

 Includes 0g Added Sugars
 0%

 Protein 1g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%





Hoagie 8in Whole Wheat Sl

Item #160335

12Pk

Single hinge slice

Calories 420 per serving

Mutrition	Amount per serving	% Daily Value *
Nutrition	Total Fat 4.5g	6%
Facts	Saturated Fat 0g	0%
12 servings per container	Trans Fat 0g	
Serving size	Cholesterol 0mg	0%
5 79/116 oz (161g)	Sodium 690mg	30%

Amount per serving	% Daily Value *	
Total Carbohydrate 80g	29%	
Dietary Fiber 6g	20%	
Total Sugars 7g		
Includes 5g Added Suga	ars 9 %	
Protein 19g		

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Hoagie 12in French S

Item #160510

4Pk Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition **Facts**

4 servings per container Serving size 7 3/10 oz (207g)

Calories per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 1.5g	2%	Total Carbohydrate 108g	39%
Saturated Fat 0g	0%	Dietary Fiber 5g	17%
Trans Fat 0g		Total Sugars 3g	
Cholesterol 0mg	0%	Includes 0g Added Sugar	s 0%
Sodium 1370mg	60%	Protein 22g	

Vitamin D 0mcg 0% · Calcium 170mg 15% · Iron 0.1mg 0% · Potassium 0mg 0%

Vitamin D 0mcg 0% • Calcium 380mg 30% • Iron 0.2mg 2% • Potassium 20mg 0%

Vitamin D 0mcg 0% • Calcium 160mg 10% • Iron 0.7mg 4% • Potassium 50mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Hoagie 12in Cheddar Sl

Item #160512

4Pk

Amount per serving

Single hinge slice

% Daily Value *

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition **Facts**

4 servings per container Serving size 7 1/4 oz (206g)

Calories per serving

Amount per serving	% Daily Value *
Total Fat 11g	14%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 30mg	9%
Sodium 1590mg	69%

40%
17%
s 0 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Cheddar Cheese (Pasteurized milk, Cheese culture, Salt, Enzymes, Annatto (color)), Parmesan Cheese (Parmesan Cheese (Part-Skim Milk, Cheese cultures, Salt, Enzymes), Potato starch, Powdered cellulose, Natamycin (a natural mold inhibitor)), Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Milk, Wheat





Hoagie 12in Pillow Unsl Item #160564 4Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

JOU

Nutrition	Amount per serving	% Daily Value *	* Amount per	
Nutrition	Total Fat 4.5g	ig 6%		
Facts	Saturated Fat 0g	0%	Dietary	
4 servings per container	Trans Fat 0g		Total Su	
Serving size	Cholesterol 0mg	0%	Includ	
7 oz (198g)	Sodium 1150mg	50%	Protein 2	
Calories EG	^			

Amount per serving % Daily Value *

Total Carbohydrate 108g 39%

Dietary Fiber 5g 17%

Total Sugars 8g
Includes 0g Added Sugars 0%

Protein 22g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Sugar, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Salt, Canola Oil, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Calcium propionate, Milk

Vitamin D 0mcg 0% • Calcium 300mg 25% • Iron 0.3mg 2% • Potassium 30mg 0%

Contains: Milk, Wheat

per serving

Hoagie 12in Wheat Unsl

Item #160533

4Pk Unsliced

Amount per serving

Amount per serving

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts
4

4 servings per container Serving size 7 43/100 oz (211g)

Calories 480

% Daily Value *	
6%	
0%	
0%	
35%	

 Total Carbohydrate
 91g
 33%

 Dietary Fiber 6g
 23%

 Total Sugars 8g
 Includes 5g Added Sugars
 10%

 Protein 22g

% Daily Value *

% Daily Value *

 The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Vitamin D 0mcg 0% • Calcium 180mg 15% • Iron 0.8mg 4% • Potassium 50mg 2%

Contains: Wheat

Hoagie 12in Wheat Sl

Item #160536

4Pk Single hinge sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

4 servings per container
Serving size
7 43/100 oz (211a)

7 43/100 oz (211g)

Calories 480

Amount per serving	% Daily Value *
Total Fat 5g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 790mg	35%

Total Carbohydrate 91g	33%
Dietary Fiber 6g	23%
Total Sugars 8g	
Includes 5g Added Sugars	10%
Protein 22g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Vitamin D 0mcg 0% • Calcium 180mg 15% • Iron 0.8mg 4% • Potassium 50mg 2%





Hoagie 24in French Item #160711 1Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

N	utrition
F	acts

4 servings per container Serving size 3 77/100 oz (107g)

Calories 270

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 680mg	30%

Amount per serving % Daily Value *

Total Carbohydrate 54g 20%

Dietary Fiber 2g 8%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 11g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Vitamin D 0mcg 0% • Calcium 80mg 6% • Iron 0.1mg 0% • Potassium 0mg 0%

Contains: Wheat

Batard French Stick

Item #160910

1Pk Unsliced

Amount per serving

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

4 servings per container Serving size 3 77/100 oz (107g)

Calories 300

Amount per serving	% Daily Value *	
Total Fat 1g	1%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 760mg	33%	

Total Carbohydrate 60g	22%
Dietary Fiber 3g	9%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 12g	

% Daily Value *

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Vitamin D 0mcg 0% • Calcium 90mg 8% • Iron 0.1mg 0% • Potassium 0mg 0%

Contains: Wheat

Lobster Rolls

Lobster Roll Top Sl

Item# 161840

8Pk Top sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container Serving size 3 63/100 oz (103g)

Calories 300

Amount per serving	% Daily Value *
Total Fat 4g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 530ma	23%

Amount per serving	% Daily Value *	
Total Carbohydrate 56g	20%	
Dietary Fiber 2g	7%	
Total Sugars 8g		
Includes 0g Added Sugar	rs 0 %	
Protein 10g		

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 90mg 8% • Iron 3.8mg 20% • Potassium 130mg 2%

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat





Lobster Roll Top Unsl Item# 161841 8Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

8 servings per container Serving size 3 63/100 oz (103g)

Calories per serving

Amount per serving % Daily Value * Total Fat 4g 5% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 530mg 23%

Amount per serving % Daily Value Total Carbohydrate 56g 20% Dietary Fiber 2g 7% **Total Sugars 8g** Includes 0g Added Sugars 0% Protein 10g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Vitamin D 0mcg 0% · Calcium 90mg 8% · Iron 3.8mg 20% · Potassium 130mg 2%

Contains: Milk, Wheat

Sub Rolls

Sub Roll Banh Mi Sl

Item# 162261

6Pk **Unsliced**

Shelf Life: 6 months frozen, 7 days from thaw

Nutritio	n
Facts	

6 servings per container Serving size 4 1/10 oz (116g)

Calories per serving

	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
n	Total Fat 0.5g	1%	Total Carbohydrate 55g	20%
	Saturated Fat 0g	0%	Dietary Fiber 2g	6%
er	Trans Fat 0g		Total Sugars <1g	
	Cholesterol 0mg	0%	Includes 0g Added Suga	rs 0 %
	Sodium 450mg	19%	Protein 9g	
270	Vitamin D 0mcg 0%	Calcium 10mg 0%	• Iron 2.7mg 15% • Potassiu	um 40mg 0%

contributes to a daily diet, 2,000 **)**% calories a day is used for general nutrition advice.

* The % Daily Value (DV) tells

you how much a nutrient in a

serving of food

INGREDIENTS: Water, Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Unbleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Distilled White Vinegar(diluted with water to 5% (50 grains) acidity), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Intens Moist (Enriched wheat flour (malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), enzymes)

Contains: Wheat

Sub Roll 6in French Sl Item# 162210 6Pk Single hinged slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

6 servings per container Serving size 4 3/4 oz (135g)

Calories per serving

Amount per serving	% Daily Value *	Amount per serving
Total Fat 3g	4%	Total Carbohydrate 66g
Saturated Fat 0g	0%	Dietary Fiber 3g
Trans Fat 0g		Total Sugars 5g
Cholesterol 0mg	0%	Includes 0g Added Sug
Sodium 700mg	30%	Protein 13g

10% 0% ars

calories a day is used for general nutrition advice.

* The % Daily Value (DV) tells

you how much a nutrient in a

serving of food contributes to a

daily diet. 2,000

% Daily Value *

24%

Vitamin D 0mcg 0% • Calcium 180mg 15% • Iron 0.2mg 2% • Potassium 20mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Sugar, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Salt, Canola Oil, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Calcium propionate, Milk

Contains: Milk, Wheat





Sub Roll 6in French Unsl

Item# 162211 6Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving % [Daily Value *	* The % Daily
	Total Fat 3g	4%	Total Carbohydrate 66g	24%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 3g	10%	a nutrient in a serving of food
6 servings per container	Trans Fat 0g		Total Sugars 5g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	daily diet. 2,000 calories a day is
4 3/4 oz (135g)	Sodium 700mg	30%	Protein 13g		used for general nutrition
Calories 340 Vitamin D 0mcg 0% · Calcium 180mg 15% · Iron 0.2mg 2% · Potassium 20mg 0%				advice.	

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Sugar, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Salt, Canola Oil, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Calcium propionate, Milk

Contains: Milk, Wheat

Sub Roll 6in Herb Sl

Item# 162214 6Pk Single hinged slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving % D	aily Value *	* The % Daily
	Total Fat 1g	1%	Total Carbohydrate 67g	24%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 3g	11%	a nutrient in a serving of food
6 servings per container	Trans Fat 0g		Total Sugars 4g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes <1g Added Sugars	s 1%	daily diet. 2,000 calories a day i
4 3/4 oz (135g)	Sodium 360mg	16%	Protein 13g		used for general nutritio
Calories 33	Vitamin D 0mcg 0% •	Calcium 90mg 8%	• Iron 0.3mg 2% • Potassium	10mg 0%	advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Sugar, Malt (Malted barley, wheat flour, dextrose), Salt, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Conditioner (Enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), malted barley flour, ascorbic acid, enzymes), Italian Seasoning (Oregano, Thyme, Sage, Marjoram, Basil and Rosemary), Calcium propionate

Contains: Wheat

Sub Roll 6in Wheat Sl

Item# 162244 6Pk Single hinged slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving % D	aily Value *	* The % Daily
	Total Fat 3.5g	4%	Total Carbohydrate 63g	23%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 4g	16%	a nutrient in a serving of food
6 servings per container	Trans Fat 0g		Total Sugars 6g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 4g Added Sugars	7%	daily diet. 2,000 calories a day is
4 1/2 oz (128g)	Sodium 550mg	24%	Protein 15g		used for general nutrition
Calories 330 Vitamin D 0mcg 0% • Calcium 120mg 10% • Iron 0.5mg 2% • Potassium 40mg 0%					advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color





Torpedos

Torpedo Lg French

Item#164100

10Pk

Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

10 servings per container Serving size 5 7/10 oz (162g)

Calories per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 1.5g	2%	Total Carbohydrate 88g	32%
Saturated Fat 0g	0%	Dietary Fiber 4g	14%
Trans Fat 0g		Total Sugars 2g	
Cholesterol 0mg	0%	Includes 0g Added Sugar	rs 0 %
Sodium 1110mg	48%	Protein 18g	

Vitamin D 0mcg 0% • Calcium 140mg 10% • Iron 0.1mg 0% • Potassium 0mg 0%

Amount per serving

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Torpedo Pillow

Item# 164640

6Pk

Vitamin D 0mcg 0% • Calcium 150mg 10% • Iron 0.2mg 0% • Potassium 10mg 0%

Single hinge slice

% Daily Value *

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

6 servings per container Serving size 3 22/25 oz (110g)

Calories per serving

Amount per serving	% Daily Value *
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 580mg	25%

Total Carbohydrate 54g 20% Dietary Fiber 2g 9% Total Sugars 4g Includes 0g Added Sugars Protein 11g

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Sugar, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Salt, Canola Oil, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Calcium propionate, Milk

Contains: Milk, Wheat

Torpedo Sourdough Shelf Life: 6 months frozen, 7 days from thaw

Item# 164200

10Pk

Unsliced

Nutrition **Facts**

10 servings per container Serving size 7 29/50 oz (215g)

Calories

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1280mg	56%

Amount per serving %	Daily Value *
Total Carbohydrate 117g	43%
Dietary Fiber 5g	18%
Total Sugars 3g	
Includes 0g Added Suga	ars 0 %
Protein 23g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%





Torpedo Sourdough ParBake Item#164210 10Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving % Dail	y Value *	* The % Daily
	Total Fat 1.5g	2%	Total Carbohydrate 117g	43%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 5g	18%	a nutrient in a serving of food
10 servings per container	Trans Fat 0g		Total Sugars 3g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	daily diet. 2,000 calories a day is
8 1/20 oz (228g)	Sodium 1280mg	56%	Protein 23g		used for
Calories 580 Vitamin D 0mcg 0% · Calcium 0mg 0% · Iron 0mg 0% · Potassium 0mg 0%				general nutritior advice.	

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Torpedo Sw Molasses

Item# 164590

6Pk Single hinged slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

6 servings per container Serving size 4 13/20 oz (132g)

Calories 390

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 6g	7%	Total Carbohydrate 75g	27%
Saturated Fat 0g	0%	Dietary Fiber 6g	23%
Trans Fat 0g		Total Sugars 14g	
Cholesterol 0mg	0%	Includes 1g Added Sugars	s 3 %
Sodium 750mg	33%	Protein 13g	

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.5mg 2% • Potassium 120mg 2%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Whole Wheat Flour, Water, Sugar, Brown sugar (Sugar, Cane Molasses and Invert Sugar), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Caramel Color, Cane Molasses, Rolled Oats, Salt, Conditioner (Enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), malted barley flour, ascorbic acid, enzymes)

Contains: Wheat

Sliced Hearthpan

Hearthpan 10-Grain 1/2"

Item # 170402

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

26 servings per container Serving size 1 7/25 oz (36g)

Calories 90

ly Value *	Amount per serving % Dail	% Daily Value *	Amount per serving
6%	Total Carbohydrate 17g	2%	Total Fat 1.5g
5%	Dietary Fiber 1g	0%	Saturated Fat 0g
	Total Sugars 3g		Trans Fat 0g
0%	Includes 0g Added Sugars	0%	Cholesterol 0mg
	Protein 3g	7%	Sodium 160mg
	Protein 3g	7%	Sodium 160mg

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0.6mg 4% • Potassium 30mg 0%

 The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

The % Daily Value (DV) tells

you how much a nutrient in a serving of food

contributes to a daily diet. 2,000

calories a day is

used for general nutrition

advice.

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar





Hearthpan 10-Grain 5/8"

Item # 170403

5/8 inch sliced

Nutrition **Facts**

Calories per serving

Nutrition	Amount per serving	% Daily Value *
	Total Fat 2g	3%
Facts	Saturated Fat 0g	0%
21 servings per container	Trans Fat 0g	
Serving size	Cholesterol 0mg	0%
1 71/100 oz (48g)	Sodium 210mg	9%

Amount per serving % Daily Value * Total Carbohydrate 23g 8% Dietary Fiber 2g 6% Total Sugars 4g Includes 0g Added Sugars 0% Protein 4g Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.8mg 4% • Potassium 40mg 0% * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

Hearthpan 10-Grain 5/8"

Item # 170404

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition

19 servings per container Serving size 1 3/4 oz (50g)

Amount per serving % Daily Value * Total Fat 2.5g 3% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 220mg 10%

Amount per serving	% Daily Value *
Total Carbohydrate 23g	8%
Dietary Fiber 2g	7%
Total Sugars 5g	
Includes 0g Added Suga	ars 0 %
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per serving

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.9mg 4% • Potassium 50mg 0%

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes). Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

Hearthpan Brioche 5/8"

Item# 170503

5/8 inch sliced

% Daily Value

9%

3%

2%

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition **Facts**

21 servings per container Serving size 1 33/50 oz (47g)

Calories per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily '
Total Fat 6g	8%	Total Carbohydrate	24g
Saturated Fat 3g	15%	Dietary Fiber 1g	
Trans Fat 0g		Total Sugars 5g	
Cholesterol 40mg	13%	Includes <1g Add	ed Sugars
Sodium 25mg	1%	Protein 5g	

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt. Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat





Hearthpan Brioche 3/4"

Item# 170504

3/4 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts
11 servings per container
Serving size 3 4/25 oz (90g)

% Daily Value *	Amoun	
15%	Total	
29%	Diet	
	Tota	
26%	In	
2%	Prote	
	15% 29% 26%	

Amount per serving	% Daily Value *	
Total Carbohydrate 46g	17%	
Dietary Fiber 2g	6%	
Total Sugars 10g		
Includes 2g Added Sug	ars 4 %	
Protein 9g		

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition advice.

Calories per serving

Vitamin D 0.1mcg 0% • Calcium 10mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Invert syrup, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Hearthpan Brioche 1"

Item# 170505

1 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

8 servings per container Serving size 4 7/20 oz (123g)

Calories per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 16g	20%	Total Carbohydrate 63g	23%
Saturated Fat 8g	40%	Dietary Fiber 2g	8%
Trans Fat 0.5g		Total Sugars 14g	
Cholesterol 105mg	35%	Includes 3g Added Sugar	s 5%
Sodium 70ma	3%	Protein 12a	

Vitamin D 0.1mcg 0% • Calcium 10mg 0% • Iron 0.1mg 0% • Potassium 10mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream

(Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Invert syrup, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Hearthpan Cracked Wheat Sour ½"

Item# 170222

1/2 inch sliced

% Daily Value *

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

26 servings per container Serving size 1 2/5 oz (40g)

Calories

Amount per serving	% Daily Value *	Amount per serving
Total Fat 0g	0%	Total Carbohyd
Saturated Fat 0g	0%	Dietary Fiber 1
Trans Fat 0g		Total Sugars <
Cholesterol 0mg	0%	Includes 0g
Sodium 180mg	8%	Protein 4g

bohydrate 19g **7**% Fiber 1g gars <1g les 0g Added Sugars 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Wheat Nuggets, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0.1mg 0% • Potassium 10mg 0%





Hearthpan Cracked Wheat Sour 5/8"

Item# 170223

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving %	Daily Value *
	Total Fat 0g	0%	Total Carbohydrate 28g	10%
Facts	Saturated Fat 0g	0%	Dietary Fiber 2g	5%
21 servings per container	Trans Fat 0g		Total Sugars <1g	
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	s 0 %
1 43/50 oz (53g)	Sodium 270mg	12%	Protein 5g	
Calories 4/1	<u> </u>			

you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* The % Daily Value (DV) tells

per serving

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0.2mg 2% • Potassium 20mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Wheat Nuggets, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Hearthpan French 1/2"

Item# 170102

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

26 servings per container Serving size 1 17/100 oz (33g)

Calories per serving

Amount per serving	% Daily Value *		
Total Fat 0g	0%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 240mg	10%		

Amount per serving % [Daily Value * The % Daily Value *
Total Carbohydrate 19g	7% Value (D)
Dietary Fiber 1g	3% a nutrient serving o
Total Sugars <1g	contribute
Includes 0g Added Sugar	s 0 % daily diet
Protein 4g	used for general n

Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 0mg 0% • Potassium 0mg 0%

Contains: Wheat

Hearthpan French 5/8"

Item# 170103

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

21 servings per container Serving size 1 9/20 oz (41g)

Calories per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%

Amount per serving	% Daily Value *	* The % Daily
Total Carbohydrate 24g	9%	Value (DV) to you how muc
Dietary Fiber 1g	4%	a nutrient in a serving of for
Total Sugars <1g		contributes to
Includes 0g Added Su	ugars 0%	daily diet. 2,0 calories a da
Protein 5a		used for

Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 40mg 2% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, educed iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate





Hearthpan French 3/4"

Item# 170104

3/4 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving % Daily	Value *	* The % Daily
	Total Fat 0g	0%	Total Carbohydrate 26g	9%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 1g	4%	a nutrient in a serving of food
19 servings per container	Trans Fat 0g		Total Sugars <1g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	daily diet. 2,000 calories a day is
1 3/5 oz (45g)	Sodium 330mg	14%	Protein 5g		used for general nutrition
Calories 130	Vitamin D 0mcg 0% •	Calcium 40mg 4	% • Iron 0mg 0% • Potassium 0r	ng 0%	advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Hearthpan French 1"

Item# 170105

1 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

14 servings per container
Serving size
2 17/100 oz (62g)

Calories 170

Amount per serving	% Daily Value *	Amount per serving	% Dai
Total Fat 0.5g	1%	Total Carbohydrate 35g	
Saturated Fat 0g	0%	Dietary Fiber 2g	
Trans Fat 0g		Total Sugars <1g	
Cholesterol 0mg	0%	Includes 0g Added Su	gars
Sodium 440mg	19%	Protein 7g	

Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 0mg 0% • Potassium 0mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Hearthpan Marble Rye 1/2" Shelf Life: 6 months frozen, 7 days from thaw

Sodium 180mg

Item# 170312

½ inch slice

% Daily Value *

6%

Nutrition Facts

26 servings per container Serving size 1 37/100 oz (39g)

Calories 90

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 0.5g	1%	Total Carbohydrate 18g	7%
Saturated Fat 0g	0%	Dietary Fiber 1g	4%
Trans Fat 0g		Total Sugars 0g	
Cholesterol 0mg	0%	Includes 0g Added Suga	ars 0%

8%

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.3mg 2% • Potassium 30mg 0%

Protein 4g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)





Hearthpan Marble Rye 5/8"

Shelf Life: 6 months frozen, 7 days from thaw

Item# 170313

5/8 inch sliced

Amount per serving	% Daily Value *	Amount per serving % [Daily Value *	* The % Daily
Total Fat 1g	1%	Total Carbohydrate 22g	8%	Value (DV) tells you how much
Saturated Fat 0g	0%	Dietary Fiber 1g	5%	a nutrient in a serving of food
Trans Fat 0g		Total Sugars <1g		contributes to a
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	daily diet. 2,000 calories a day is
Sodium 220mg	9%	Protein 5g	70	used for general nutrition
Vitamin D 0mcg 0% •	Calcium 10mg 0%	• Iron 0.3mg 2% • Potassium	30mg 0%	advice.
	Total Fat 1g Saturated Fat 0g Trans Fat 0g Cholesterol 0mg Sodium 220mg	Total Fat 1g 1% Saturated Fat 0g 0% Trans Fat 0g 0% Cholesterol 0mg 0% Sodium 220mg 9%	Total Fat 1g 1% Total Carbohydrate 22g Saturated Fat 0g 0% Dietary Fiber 1g Trans Fat 0g Total Sugars <1g	Total Fat 1g 1% Total Carbohydrate 22g 8% Saturated Fat 0g 0% Dietary Fiber 1g 5% Trans Fat 0g Total Sugars <1g

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Hearthpan Marble Rye 3/4"

Shelf Life: 6 months frozen, 7 days from thaw

Item# 170314 3/4 inch sliced

Nutrition	Amount per serving	% Daily Value *	Amount per serving % Daily Value *		* The % Daily
	Total Fat 1g	1%	Total Carbohydrate 25g	9%	Value (DV) tell you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 1g	5%	a nutrient in a serving of food
19 servings per container	Trans Fat 0g		Total Sugars <1g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	daily diet. 2,00 calories a day
1 89/100 oz (54g)	Sodium 240mg	11%	Protein 5g		used for
Calories 13	Vitamin D 0mcg 0% •	Calcium 10mg 0%	• Iron 0.3mg 2% • Potassium 30	0mg 0%	general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Hearthpan Sourdough 1/2"

Shelf Life: 6 months frozen, 7 days from thaw

Item# 1	70202	1/2"	sliced

Nutrition	Amount per serving	% Daily Value *	Amount per serving % Daily	Value *	* The % Daily
	Total Fat 0g	0%	Total Carbohydrate 21g	8%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 1g	3%	a nutrient in a serving of food
26 servings per container	Trans Fat 0g		Total Sugars <1g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	daily diet. 2,000 calories a day is
1 1/2 oz (43g)	Sodium 230mg	10%	Protein 4g		used for general nutrition
Calories 100 per serving	Vitamin D 0mcg 0% •	Calcium 0mg 0%	• Iron 0mg 0% • Potassium 0n	ng 0%	advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)





Hearthpan Sourdough 5/8"

Shelf Life: 6 months frozen, 7 days from thaw

Item# 170203

5/8" sliced

Nutrition	Amount per serving	% Daily Value *	Amount per serving %	Daily Value *	* The % Daily
	Total Fat 0g	0%	Total Carbohydrate 26g	10%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 1g	4%	a nutrient in a serving of food
21 servings per container	Trans Fat 0g		Total Sugars <1g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Suga	ars 0 %	daily diet. 2,000 calories a day i
1 6/7 oz (53g)	Sodium 290mg	12%	Protein 5g		used for general nutrition
Calories 13	Vitamin D 0mcg 0% •	Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%			

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Hearthpan Sourdough 3/4"

Item# 170204 3/4" sliced

Nutrition	Amount per serving	% Daily Value *	Amount per serving % D	aily Value *	 The % Daily
	Total Fat 4g	5%	Total Carbohydrate 269g	98%	Value (DV) te you how muc
Facts	Saturated Fat 0g	0%	Dietary Fiber 11g	41%	a nutrient in a serving of foo
19 servings per container	Trans Fat 0g		Total Sugars 8g		contributes to
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	daily diet. 2,0 calories a day
19 oz (539g)	Sodium 2930mg	127%	Protein 53g		used for general nutrit
Calories 1320	Vitamin D 0mcg 0% •	Calcium 10mg 0%	• Iron 0.1mg 0% • Potassium 1	10mg 0%	advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Hearthpan Sourdough 1"

Item# 170205

1" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts
14 servings per container
Serving size 2 79/100 oz (79g)

% Daily Value *	Amount per serving % Dail	% Daily Value *	
1%	Total Carbohydrate 39g	14%	
0%	Dietary Fiber 2g	6%	
	Total Sugars 1g		
0%	Includes 0g Added Sugars	0%	
19%	Protein 8g		
	1% 0%	1% Total Carbohydrate 39g 0% Dietary Fiber 2g Total Sugars 1g Includes 0g Added Sugars	

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)





Hearthpan Sour Rye ½" Item# 170302 1/2" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

26 servings per container
Serving size
1 7/20 oz (38g)

Calories 90

Amount per serving	% Daily Value *	
Total Fat 0.5g	1%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 180mg	8%	

Amount per serving % Daily Value *

Total Carbohydrate 19g 7%

Dietary Fiber 2g 6%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 4g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Dark Rye Flour, Caraway Seeds, Caramel Color, Salt, Wheat Gluten, Canola oil, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Hearthpan Sour Rye 5/8"

Shelf Life: 6 months frozen, 7 days from thaw

Item# 170303

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.3mg 2% • Potassium 40mg 0%

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.2mg 2% • Potassium 30mg 0%

5/8" sliced

% Daily Value *

Nutrition
Facts

21 servings per container Serving size 1 67/100 oz (47g)

Calories 120 per serving

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%

Total Carbohydrate 23g 8%

Dietary Fiber 2g 7%

Total Sugars <1g
Includes 0g Added Sugars 0%

Protein 5g

Amount per serving

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Dark Rye Flour, Caraway Seeds, Caramel Color, Salt, Wheat Gluten, Canola oil, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Hearthpan Wheat 1/2"

Item# 170332

1/2" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

26 servings per container Serving size 1 39/100 oz (39g)

Calories 100

% Daily Value *
1%
0%
0%
7%

Amount per serving	% Daily Value *
Total Carbohydrate 19g	7%
Dietary Fiber 1g	5%
Total Sugars 2g	
Includes 1g Added Sug	ars 2 %
Protein 5g	70

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Vitamin D 0mcg 0% • Calcium 40mg 2% • Iron 0.2mg 0% • Potassium 10mg 0%





Hearthpan Wheat 5/8"

Item# 170333

5/8" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving % D	Daily Value *	* The % Daily
	Total Fat 1.5g	2%	Total Carbohydrate 23g	8%	Value (DV) te you how muc
Facts	Saturated Fat 0g	0%	Dietary Fiber 2g	6%	a nutrient in a serving of foo
21 servings per container	Trans Fat 0g		Total Sugars 2g		contributes to
Serving size	Cholesterol 0mg	0%	Includes 1g Added Sugars	3%	daily diet. 2,0 calories a da
1 18/25 oz (49g)	Sodium 200mg	9%	Protein 6g		used for
Calories 12	Vitamin D 0mcg 0% • 0	Calcium 40mg 4%	• Iron 0.2mg 2% • Potassium	10mg 0%	general nutrit advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Sliced Lg Deli

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.9mg 4% • Potassium 50mg 0%

Lg Deli 10-Grain 1/2"

Item# 171402

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

17 servings per container Serving size 1 97/125 oz (50g)

Calories

Amount per serving	% Daily Value *	Ar
Total Fat 2.5g	3%	To
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 220mg	10%	P

ount per serving % Daily Value * tal Carbohydrate 23g 8% Dietary Fiber 2g **7**% Total Sugars 5g Includes 0g Added Sugars 0% otein 5g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

<u>Lg Deli 10-Grain 5/8"</u>

Shelf Life: 6 months frozen, 7 days from thaw

Item# 171403

5/8 inch sliced

Nutrition

13 servings per container Serving size

2 8/25 oz (66g)

Calories per serving

Amount per serving	% Daily Value *	Amount per serving %	Daily Value *
Total Fat 3g	4%	Total Carbohydrate 30g	11%
Saturated Fat 0g	0%	Dietary Fiber 2g	9%
Trans Fat 0g		Total Sugars 6g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 290mg	12%	Protein 6g	

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 1.1mg 6% • Potassium 60mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar





Lg Deli 10-Grain 3/4"

Item# 171404

3/4 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Nutrition Facts

11 servings per container Serving size 2 3/4 oz (78g)

Calories per serving

Amount per serving	% Daily Value *	
Total Fat 3.5g	4%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 340mg	15%	

Amount per serving	g % Daily Value	
Total Carbohydrate 36g	13%	
Dietary Fiber 3g	10%	
Total Sugars 7g		
Includes 0g Added Si	ugars 0 %	
Protein 7g		

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 1.3mg 8% • Potassium 70mg 2%

Contains: Wheat

Lg Deli Brioche 1/2""

Item# 171502

1/2 inch sliced

2%

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition

17 servings per container Serving size 1 4/5 oz (51g)

per serving

Calories

Amount per serving	% Daily Value *	Amount per serving % I	Daily Value *
Total Fat 6g	8%	Total Carbohydrate 25g	9%
Saturated Fat 3g	16%	Dietary Fiber 1g	3%
Trans Fat 0g		Total Sugars 5g	
Cholesterol 40mg	14%	Includes 1g Added Suga	rs 2 %
Sodium 30mg	1%	Protein 5g	
	-		

Vitamin D 0mcg 0% · Calcium 0mg 0% · Iron 0mg 0% · Potassium 0mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Lg Deli Brioche 5/8"

Item# 171503

5/8 inch sliced

% Daily Value *

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition **Facts**

13 servings per container Serving size 2 7/20 oz (67g)

Calories

Amount per serving	% Daily Value *	Amount per serving
Total Fat 8g	11%	Total Carbohyd
Saturated Fat 4g	21%	Dietary Fiber
Trans Fat 0g		Total Sugars 7
Cholesterol 55mg	18%	Includes 1g
Sodium 35mg	2%	Protein 6g

NAME OF THE PROPERTY OF THE PR	•
Total Carbohydrate 33g	12%
Dietary Fiber 1g	4%
Total Sugars 7g	
Includes 1g Added Sugars	3%
Protein 6a	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0.1mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat





Lg Deli Brioche 3/4"

Item# 171504

3/4 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts
11 servings per container

Serving size

2 39/50 oz (79g)

% Daily Value *	
13%	
25%	
22%	
2%	

Amount per serving	% Daily Value *	
Total Carbohydrate 39g	14%	
Dietary Fiber 1g	5%	
Total Sugars 8g		
Includes 2g Added Sug	gars 3%	
Protein 8g	-	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per serving

Vitamin D 0.1mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Lg Deli Brioche 1"

Item# 171505

1 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

8 servings per container Serving size 3 83/100 oz (109g)

Calories per serving

	Amount per serving	% Daily Value *
17%	Total Carbohydrate 53g	19%
34%	Dietary Fiber 2g	7%
	Total Sugars 12g	
30%	Includes 2g Added Sugar	rs 4%
3%	Protein 11g	
	34%	34% Dietary Fiber 2g Total Sugars 12g Includes 2g Added Sugar

Vitamin D 0.1mcg 0% • Calcium 10mg 0% • Iron 0.1mg 0% • Potassium 10mg 0%

Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

The % Daily

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Lg Deli Brioche Unsl

Item# 171500

Unsliced

Vitamin D 0.8mcg 4% • Calcium 50mg 4% • Iron 0.4mg 2% • Potassium 40mg 0%

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts
1 serving per container
Serving size 30 3/5 oz (867g)
Calories 2960

Amount per serving	% Daily Value *
Total Fat 107g	137%
Saturated Fat 54g	268%
Trans Fat 3.5g	
Cholesterol 700mg	233%
Sodium 470mg	21%

% Daily Value *
152%
55%
ars 34%
*

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

per serving INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk),

natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat





Lg Deli Cracked Wheat Sour 1/2"

Item# 171222

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving % D	aily Value *	* The % Daily
	Total Fat 0g	0%	Total Carbohydrate 25g	9%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 1g	5%	a nutrient in a serving of food
17 servings per container	Trans Fat 0g		Total Sugars <1g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	daily diet. 2,000 calories a day is
1 53/100 oz (43g)	Sodium 240mg	10%	Protein 5g		used for
Calories 12	Vitamin D Omag 0% • Calaium Oma 0% • Iron 0 2mg 0% • Datassium 10mg 0%				general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Wheat Nuggets, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Lg Deli Cracked Wheat Sour 5/8"

Item# 171223

Amount per serving

5/8 inch sliced

% Daily Value *

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

13 servings per container Serving size 2 11/20 oz (72g)

Calories 200

Amount per serving	% Daily Value *
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 390mg	17%

 The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Wheat Nuggets, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0.3mg 2% • Potassium 20mg 0%

Contains: Wheat

Lg Deli French 1/2"

Item# 171102

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

17 servings per container Serving size 1 79/100 oz (51g)

Calories 120

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	13%

Amount per serving	% Daily Value *	
Total Carbohydrate 25g	9%	
Dietary Fiber 1g	4%	
Total Sugars <1g		
Includes 0g Added Su	igars 0%	
Protein 5a		

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 40mg 2% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate





Lg Deli French 5/8"

Item# 171105

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving % D	aily Value *	* The % Daily
	Total Fat 0g	0%	Total Carbohydrate 32g	12%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 1g	5%	a nutrient in a serving of food
13 servings per container	Trans Fat 0g		Total Sugars <1g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	s 0%	daily diet. 2,000 calories a day is
2 33/100 oz (66g)	Sodium 400mg	18%	Protein 6g		used for general nutrition
Calories 16	Vitamin D 0mcg 0% •	Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 0mg 0% • Potassium 0mg 0%			

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Lg Deli French 3/4"

Item# 171104

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

11 servings per container Serving size 2 19/25 oz (78g)

Calories 190

Amount per serving	% Daily Value *	Amount per serving %	Daily Value *
Total Fat 0.5g	1%	Total Carbohydrate 38g	14%
Saturated Fat 0g	0%	Dietary Fiber 2g	6%
Trans Fat 0g		Total Sugars 1g	
Cholesterol 0mg	0%	Includes 0g Added Suga	rs 0 %
Sodium 480mg	21%	Protein 8g	7700

Vitamin D 0mcg 0% • Calcium 60mg 4% • Iron 0.1mg 0% • Potassium 0mg 0%

Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* The % Daily

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Lg Deli Marble Rye 1/2"

Item# 171312

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

N	utrition
F	acts

17 servings per container Serving size 1 79/100 oz (51g)

Calories 120 per serving

s from thaw			
Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 1g	1%	Total Carbohydrate 23g	9%
Saturated Fat 0g	0%	Dietary Fiber 1g	5%
Trans Fat 0g		Total Sugars <1g	
Cholesterol 0mg	0%	Includes 0g Added Suga	ars 0 %
Sodium 230mg	10%	Protein 5g	

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.3mg 2% • Potassium 30mg 0%

serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

The % Daily Value (DV) tells you how much a nutrient in a

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)





Lg Deli Marble Rye 5/8"

Item# 171313

5/8 inch sliced

Calories per serving

Nutrition	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
	Total Fat 1.5g	2%	Total Carbohydrate 31g	11%
Facts	Saturated Fat 0g	0%	Dietary Fiber 2g	6%
13 servings per container	Trans Fat 0g		Total Sugars <1g	
Serving size	Cholesterol 0mg	0%	Includes 0g Added Suga	ars 0%
2 33/100 oz (66g)	Sodium 300mg	13%	Protein 6g	
Calories 16	Vitamin D 0mcg 0% • 0	Calcium 10mg 2%	• Iron 0.4mg 2% • Potassiu	um 40mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 31g	11%
Dietary Fiber 2g	6%
Total Sugars <1g	
Includes 0g Added Sug	gars 0%
Protein 6g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Lg Deli Marble Rye 3/4"

Shelf Life: 6 months frozen, 7 days from thaw

Item# 171314

3/4 inch sliced

Daily Value *

13%

8%

0%

Nutrition
Facts

11 servings per container Serving size 2 63/83 oz (78g)

Calories per serving

Amount per serving	% Daily Value *	Amount per serving %
Total Fat 1.5g	2%	Total Carbohydrate 36g
Saturated Fat 0g	0%	Dietary Fiber 2g
Trans Fat 0g		Total Sugars <1g
Cholesterol 0mg	0%	Includes 0g Added Sugars
Sodium 350mg	15%	Protein 8g

Vitamin D 0mcg 0% • Calcium 20mg 2% • Iron 0.5mg 2% • Potassium 50mg 2%

Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

* The % Daily

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Lg Deli Potato 1/2"

Item# 171522

½ inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

17 servings per container Serving size 1 47/100 oz (42g)

Calories per serving

Amount per serving % Daily Value *		Amount per serving
Total Fat 2g	2%	Total Carbohydrat
Saturated Fat 0g 0%		Dietary Fiber 1g
Trans Fat 0g		Total Sugars 4g
Cholesterol 0mg	0%	Includes 0g Ad
Sodium 240mg	10%	Protein 4g

% Daily Value * te 25g 9% 3% ded Sugars 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Vitamin D 0mcg 0% • Calcium 40mg 4% • Iron 1.7mg 10% • Potassium 60mg 2%

Contains: Milk, Wheat





Lg Deli Potato 5/8"

Item# 171523

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving %	Daily Value *	* The
	Total Fat 2.5g	3%	Total Carbohydrate 33g	12%	Va
Facts	Saturated Fat 0g	0%	Dietary Fiber 1g	4%	a
13 servings per container	Trans Fat 0g		Total Sugars 5g		C
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	0
1 23/25 oz (54g)	Sodium 310mg	14%	Protein 6g		l Ç
Calories 180			• Iron 2.3mg 15% • Potassium	n 80mg 2%	

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat

Lg Deli Sourdough 1/2" Item# 171202

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving % D	aily Value *
	Total Fat 0g	0%	Total Carbohydrate 25g	9%
Facts	Saturated Fat 0g	0%	Dietary Fiber 1g	4%
17 servings per container	Trans Fat 0g		Total Sugars <1g	
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugar	s 0%
1 17/25 oz (48g)	Sodium 270mg	12%	Protein 5g	
Calories 12	Vitamin D 0mcg 0% •	Calcium 0mg 0%	6 • Iron 0mg 0% • Potassium	0ma 0%

(DV) tells ow much ient in a g of food butes to a diet. 2,000 es a day is al nutrition

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

per serving

Lg Deli Sourdough 5/8" Item# 171203

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving % Da	ily Value *	* The % Daily
	Total Fat 0g	0%	Total Carbohydrate 32g	12%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 1g	5%	a nutrient in a serving of food
13 servings per container	Trans Fat 0g		Total Sugars <1g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	daily diet. 2,000 calories a day is
2 31/159 oz (62g)	Sodium 350mg	15%	Protein 6g		used for general nutrition
Calories 160	Vitamin D 0mcg 0% •	Calcium 0mg 0%	6 • Iron 0mg 0% • Potassium 0	0mg 0%	advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)





Lg Deli Sourdough 3/4"

Item# 171204

3/4 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving % D	Daily Value *	* The % Daily
	Total Fat 0.5g	1%	Total Carbohydrate 38g	14%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 2g	6%	a nutrient in a serving of food
11 servings per container	Trans Fat 0g		Total Sugars 1g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugar	rs 0 %	daily diet. 2,00 calories a day
2 79/133 oz (74g)	Sodium 410mg	18%	Protein 8g		used for
Calories 19	Vitamin D 0mcg 0% •	Calcium 0mg 0%	6 • Iron 0mg 0% • Potassium	n 0mg 0%	general nutritio advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Lg Deli Sour Rye 1/2"

Item# 171302

1/2 inch sliced

Nutrition	Amount per serving	% Daily Value *	Amount per serving %	Daily Value *	* The % Daily
	Total Fat 1g	1%	Total Carbohydrate 24g	9%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 2g	7%	a nutrient in a serving of food
17 servings per container	Trans Fat 0g		Total Sugars <1g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	daily diet. 2,000 calories a day is
1 77/100 oz (50g)	Sodium 230mg	10%	Protein 5g		used for
Calories 120 per serving	Vitamin D 0mcg 0% •	Calcium 10mg 0%	• Iron 0.3mg 2% • Potassium	40mg 0%	general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Dark Rye Flour, Caraway Seeds, Caramel Color, Salt, Wheat Gluten, Canola oil, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Lg Deli Sour Rye 5/8"

Item# 171303

5/8 inch sliced

Shelf Life: 6 months	frozen, 7	days '	from	thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving %	Daily Value *	* The % Daily
	Total Fat 1g	2%	Total Carbohydrate 31g	11%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 3g	10%	a nutrient in a serving of food
13 servings per container	Trans Fat 0g		Total Sugars <1g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugar	s 0 %	daily diet. 2,000 calories a day is
2 8/25 oz (66g)	Sodium 300mg	13%	Protein 7g		used for general nutrition
Calories 160	Vitamin D 0mcg 0% • 0	Calcium 20mg 2%	Iron 0.4mg 2% Potassiun	n 50mg 2%	advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Dark Rye Flour, Caraway Seeds, Caramel Color, Salt, Wheat Gluten, Canola oil, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)





Lg Deli Sour Rye 3/4"

Item# 171304

3/4 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

11 servings per container Serving size 2 37/50 oz (78g)

Calories 190 per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 360mg	15%

Total Carbohydrate 37g 13%

Dietary Fiber 3g 12%

Total Sugars <1g

Includes 0g Added Sugars 0%

Protein 8g

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Dark Rye Flour, Caraway Seeds, Caramel Color, Salt, Wheat Gluten, Canola oil, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Vitamin D 0mcg 0% • Calcium 20mg 2% • Iron 0.4mg 2% • Potassium 60mg 2%

Contains: Wheat

Lg Deli Whole Wheat 1/2"

Shelf Life: 6 months frozen, 7 days from thaw

Item# 171332

½" sliced

Nutrition Facts

17 servings per container Serving size 1 14/25 oz (44g)

Calories 110

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%

Total Carbohydrate 21g 8%
Dietary Fiber 2g 5%
Total Sugars 2g
Includes 1g Added Sugars 2%
Protein 5g

Amount per serving

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Facts

Lg Deli Whole Wheat 5/8"

Item# 171333

Vitamin D 0mcg 0% • Calcium 60mg 4% • Iron 0.3mg 2% • Potassium 20mg 0%

Vitamin D 0mcg 0% • Calcium 40mg 4% • Iron 0.2mg 2% • Potassium 10mg 0%

5/8" sliced

% Daily Value *

Nutrition Amount per serv Total Fat 1.5

13 servings per container Serving size 2 3/20 oz (61g)

Calories 160

o m om uman		
Amount per serving	% Daily Value *	Amount per serving
Total Fat 1.5g	2%	Total Carbohydrate 29
Saturated Fat 0g	0%	Dietary Fiber 2g
Trans Fat 0g		Total Sugars 3g
Cholesterol 0mg	0%	Includes 2g Added
Sodium 260mg	11%	Protein 7g

% Daily Value * The % Daily Value (DV) tells 11% 9g you how much a nutrient in a **7**% serving of food contributes to a daily diet. 2,000 Sugars 3% calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color





Lg Deli Whole Wheat 3/4"

Item# 171334

3/4" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving %	6 Daily Value *	* The % Daily
	Total Fat 2g	3%	Total Carbohydrate 38g	14%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 3g	10%	a nutrient in a serving of food
10 servings per container	Trans Fat 0g		Total Sugars 3g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 2g Added Sugar	s 4%	daily diet. 2,000 calories a day is
2 4/5 oz (79g)	Sodium 330mg	15%	Protein 9g	70	used for general nutrition
Calories 200	Vitamin D 0mcg 0% • Ca	alcium 70mg 6%	Iron 0.3mg 2% Potassiur	n 20mg 0%	advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Sliced Sm Deli

Small Deli 10-Grain 1/2"

Item# 172402

1/2 inch sliced

% Daily Value *

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

17 servings per container Serving size 1 71/149 oz (42g)

Calories 110

Amount per serving	% Daily Value *	Amount per serving
Total Fat 2g	2%	Total Carbohydi
Saturated Fat 0g	0%	Dietary Fiber 2
Trans Fat 0g		Total Sugars 4
Cholesterol 0mg	0%	Includes 0g A
Sodium 190mg	8%	Protein 4g

Total Carbohydrate 20g 7%

Dietary Fiber 2g 6%

Total Sugars 4g

Includes 0g Added Sugars 0%

Protein 4g

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

Small Deli 10-Grain 5/8" Shelf Life: 6 months frozen, 7 days from thaw

Item# 172403

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.7mg 4% • Potassium 40mg 0%

5/8 inch sliced

% Daily Value *

Nutrition Facts

13 servings per container **Serving size**

1 93/100 oz (55g)

Calories 140

Amount per serving	% Daily Value *	Amount per serving
Total Fat 2.5g	3%	Total Carbohyd
Saturated Fat 0g	0%	Dietary Fiber 2
Trans Fat 0g		Total Sugars 5
Cholesterol 0mg	0%	Includes 0g
Sodium 240mg	11%	Protein 5a

Total Carbohydrate 26g	9%
Dietary Fiber 2g	7 %
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.9mg 6% • Potassium 50mg 2%

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar





Small Deli 10-Grain 3/4"

Item# 172404

3/4 sliced

Nutrition
Facts

Calories per serving

Nutrition	Amount per serving	% Daily Value *	
	Total Fat 3g	4%	
Facts	Saturated Fat 0g	0%	
10 servings per container	Trans Fat 0g		
Serving size	Cholesterol 0mg	0%	
2 51/100 oz (71g)	Sodium 310mg	14%	

Amount per serving % Daily Value * Total Carbohydrate 34g 12% Dietary Fiber 3g 10% Total Sugars 7g Includes 0g Added Sugars 0% Protein 6g Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 1.2mg 6% • Potassium 70mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

Small Deli Brioche Unsl

Shelf Life: 6 months frozen, 7 days from thaw

Item# 172500

Unsliced

Nutrition
Facts

1 serving per container Serving size 21 97/100 oz (623g)

Calories per serving

Amount per serving	% Daily Value *	
Total Fat 80g	103%	
Saturated Fat 40g	199%	
Trans Fat 2.5g		
Cholesterol 520mg	173%	
Sodium 360mg	16%	

Amount per serving	% Daily Value *
Total Carbohydrate 311g	113%
Dietary Fiber 11g	40%
Total Sugars 68g	
Includes 13g Added Suga	ars 25 %
Protein 62g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Vitamin D 0.6mcg 4% • Calcium 40mg 2% • Iron 0.3mg 2% • Potassium 30mg 0%

Contains: Eggs, Milk, Wheat

Small Deli French ½"

Item# 172102

Amount per serving

1/2" sliced

% Daily Value *

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition **Facts**

17 servings per container Serving size 1 29/100 oz (37g)

per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%

6%
0 70
3%
rs 0 %

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 0mg 0% • Potassium 0mg 0%





Small Deli French 5/8"

Item# 172103

5/8" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving % Dai	ly Value *	* The % Daily
	Total Fat 0g	0%	Total Carbohydrate 27g	10%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 1g	4%	a nutrient in a serving of food
13 servings per container	Trans Fat 0g		Total Sugars <1g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	daily diet. 2,000 calories a day is
1 17/20 oz (52g)	Sodium 340mg	15%	Protein 5g	-	used for general nutrition
Calories 130 per serving	Vitamin D 0mcg 0% •	Calcium 40mg 4	% • Iron 0mg 0% • Potassium 0)mg 0%	advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Small Deli French 3/4"

Item# 172104

3/4 " slice

* The % Daily Value (DV) tells you how much a nutrient in a serving of food

> contributes to a daily diet. 2,000

> calories a day is

used for general nutrition

advice.

The % Daily

Value (DV) tells

you how much

serving of food

contributes to a daily diet. 2,000

calories a day is

used for

a nutrient in a

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

10 servings per container

Serving size 2 2/5 oz (68g)

Calories per serving

Amount per serving	% Daily Value *	Amount per serving %	Daily Value *
Total Fat 0.5g	1%	Total Carbohydrate 33g	12%
Saturated Fat 0g	0%	Dietary Fiber 1g	5%
Trans Fat 0g		Total Sugars <1g	
Cholesterol 0mg	0%	Includes 0g Added Suga	ars 0 %
Sodium 420mg	18%	Protein 7g	

Vitamin D 0mcg 0% · Calcium 50mg 4% · Iron 0mg 0% · Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Small Deli Marble Rve 1/2"

tem# 172312

1/2 inch sliced

Value '

6%

4%

0%

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition **Facts**

17 servings per container Serving size 1 3/10 oz (37g)

Calories per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily
Total Fat 0.5g	1%	Total Carbohydrate 18g	
Saturated Fat 0g	0%	Dietary Fiber 1g	
Trans Fat 0g		Total Sugars 0g	
Cholesterol 0mg	0%	Includes 0g Added S	ugars
Sodium 170mg	7%	Protein 4g	

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.2mg 2% • Potassium 20mg 0%

general nutrition

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)





Small Deli Marble Rye 5/8"

Item# 172313

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	% Daily Value *	Amount per serving %	Daily Value *	* The % Daily
	Total Fat 1g	1%	Total Carbohydrate 24g	9%	Value (DV) tells you how much
Facts	Saturated Fat 0g	0%	Dietary Fiber 1g	5%	a nutrient in a serving of food
13 servings per container	Trans Fat 0g		Total Sugars <1g		contributes to a
Serving size	Cholesterol 0mg	0%	Includes 0g Added Sugar	s 0 %	daily diet. 2,000 calories a day is
1 39/50 oz (50g)	Sodium 240mg	10%	Protein 5g		used for general nutrition
Calories 120	Vitamin D 0mcg 0% • C	alcium 10mg 0%	Iron 0.3mg 2% Potassiun	n 30mg 0%	advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Small Deli Potato ½"

Item# 172522

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition
Facts

17 servings per container Serving size 1 2/5 oz (40g)

Calories 120

% Daily Value *	Amount per serving % D	aily Value *
2%	Total Carbohydrate 21g	8%
0%	Dietary Fiber 1g	3%
	Total Sugars 3g	
0%	Includes 0g Added Sugars	0%
9%	Protein 4g	
	2% 0%	2% Total Carbohydrate 21g 0% Dietary Fiber 1g Total Sugars 3g Includes 0g Added Sugars

Vitamin D 0mcg 0% • Calcium 40mg 2% • Iron 1.5mg 8% • Potassium 50mg 2%

you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

 * The % Daily Value (DV) tells you how much a nutrient in a serving of food

contributes to a daily diet. 2.000

calories a day is

used for general nutrition

advice.

The % Daily Value (DV) tells

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat

Small Deli Sourdough 1/2"

Shelf Life: 6 months frozen, 7 days from thaw

Item# 172202	1/2 inch sliced
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Nutrition Facts
Figure 10 to

17 servings per container Serving size 1 27/50 oz (44g)

Calories 110

Amount per serving	% Daily Value *	Amount per serving % Daily	y Value *
Total Fat 0g	0%	Total Carbohydrate 22g	8%
Saturated Fat 0g	0%	Dietary Fiber 1g	3%
Trans Fat 0g		Total Sugars <1g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 240mg	10%	Protein 4g	

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)





Small Deli Sourdough 5/8"

Shelf Life: 6 months frozen, 7 days from thaw

Item# 172203

5/8 inch sliced

Nutrition	
Facts	

13 servings per container Serving size 2 23/100 oz (63g)

Calories 150 per serving

% Daily Value *	Amount per s
0%	Total Carb
0%	Dietary F
	Total Sug
0%	Include
15%	Protein 6g
	0% 0% 0%

Amount per serving % Daily Value *

Total Carbohydrate 31g 11%

Dietary Fiber 1g 5%

Total Sugars <1g
Includes 0g Added Sugars 0%

Protein 6g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Small Deli Sourdough 3/4"

Shelf Life: 6 months frozen, 7 days from thaw

Item# 172204

Amount per serving

Vitamin D 0mcg 0% · Calcium 0mg 0% · Iron 0mg 0% · Potassium 0mg 0%

3/4 inch sliced

% Daily Value *

Nutrition Facts

10 servings per container Serving size 2 9/10 oz (82g)

Calories 200 per serving

Amount per serving	% Daily Value *	
Total Fat 0.5g	1%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 440mg	19%	

process and the second	
Total Carbohydrate 41g	15%
Dietary Fiber 2g	6%
Total Sugars 1g	
Includes 0g Added St	ugars 0 %
Protein 8g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

The % Daily

Value (DV) tells

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Small Deli Sour Rye 1/2"

Shelf Life: 6 months frozen, 7 days from thaw

enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Item# 172302

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

1/2 inch sliced

% Daily Value *

Nutrition Facts

17 servings per container Serving size 1 49/100 oz (42g)

Calories 110

Amount per serving	% Daily Value *	Amount per serving
Total Fat 1g	1%	Total Carbohydi
Saturated Fat 0g	0%	Dietary Fiber 2
Trans Fat 0g		Total Sugars <
Cholesterol 0mg	0%	Includes 0g A
Sodium 210mg	9%	Protein 5g

hydrate 22g 8% you how much a nutrient in a 7% ber 2g serving of food ars <1g contributes to a daily diet. 2,000 s 0g Added Sugars 0% calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Dark Rye Flour, Caraway Seeds, Caramel Color, Salt, Wheat Gluten, Canola oil, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid,

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.2mg 2% • Potassium 40mg 0%





Small Deli Whole Wheat ½" Shelf Life: 6 months frozen, 7 days from thaw

Item# 172332

1/2" Sliced

Nutrition **Facts**

17 servings per container Serving size 1 21/50 oz (40g)

Calories per serving

Amount per serving % Daily Valu		
Total Fat 1g	1%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 170mg	7%	

Amount per serving % Daily Value * Total Carbohydrate 19g 7% Dietary Fiber 1g 5% Total Sugars 2g Includes 1g Added Sugars 2% Protein 5g Vitamin D 0mcg 0% • Calcium 40mg 2% • Iron 0.2mg 0% • Potassium 10mg 0%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid). Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Small Deli Whole Wheat 5/8"

Shelf Life: 6 months frozen, 7 days from thaw

Item# 172333

Amount per serving

5/8" Sliced

% Daily Value *

Nutrition Facts

13 servings per container Serving size 1 17/20 oz (52g)

Amount per serving % Daily Value * Total Fat 1.5g 2% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 220mg 9%

Total Carbohydrate 25g 9% Dietary Fiber 2g 6% Total Sugars 2g Includes 1g Added Sugars 3% Protein 6g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per serving

Vitamin D 0mcg 0% · Calcium 50mg 4% · Iron 0.2mg 2% · Potassium 10mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Small Deli Whole Wheat 3/4" Shelf Life: 6 months frozen, 7 days from thaw

Item# 172334

Vitamin D 0mcg 0% • Calcium 60mg 4% • Iron 0.3mg 2% • Potassium 20mg 0%

3/4" sliced

Nutrition **Facts**

10 servings per container Serving size 2 41/100 oz (68g)

Calories per serving

Amount per serving	% Daily Value *
Total Fat 2g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%

Amount per serving	% Daily Value *	
Total Carbohydrate 33g	12%	
Dietary Fiber 2g	8%	
Total Sugars 3g		
Includes 2g Added Suga	ars 4 %	
Protein 8g		

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color





Specialty Breads

10-Grain Market Hearth 3/4"

Shelf Life: 6 months frozen, 7 days from thaw

Item# 174404

3/4" sliced

Nutrition
Facts

18 servings per container
Serving size
2 3/25 oz (60g)

Calories 150

Amount per serving	% Daily Value *
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%

Total Carbohydrate 27g 10%

Dietary Fiber 2g 8%

Total Sugars 5g
Includes 0g Added Sugars 0%

Protein 5g

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

Brioche Bread Unsl

Shelf Life: 6 months frozen, 7 days from thaw

Item# 174500

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 1mg 6% • Potassium 50mg 2%

Unsliced

Amount per serving

Nutrition
Facts

1 serving per container Serving size 22 3/10 oz (632g)

Calories 2200 per serving

Amount per serving	% Daily Value *
Total Fat 80g	102%
Saturated Fat 40g	199%
Trans Fat 2.5g	
Cholesterol 520mg	173%
Sodium 360mg	16%

 Total Carbohydrate 311g
 113%

 Dietary Fiber 11g
 40%

 Total Sugars 68g
 Includes 13g Added Sugars
 25%

 Protein 62g
 40%
 40%

% Daily Value *

% Daily Value *

Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0.6mcg 4% • Calcium 40mg 2% • Iron 0.3mg 2% • Potassium 30mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Brioche Bread Sl

Shelf Life: 6 months frozen, 7 days from thaw

Item# 174505 1 inch

Amount per serving

Nutrition	
Facts	

8 servings per container Serving size 2 79/100 oz (79g)

Calories 280

Amount per serving	% Daily Value *
Total Fat 10g	13%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 45mg	2%

	The second second
Total Carbohydrate 39g	14%
Dietary Fiber 1g	5%
Total Sugars 9g	
Includes 2g Added Sugars	3%
Protein 8g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition

Vitamin D 0.1mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat





% Daily Value

Cracked Wheat Sour Market 5/8"

Item# 174223

12%

5/8" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition	Amount per serving	
	Total Fat 0g	
Facts	Saturated Fat 0g	
22 servings per container Serving size	Trans Fat 0g Cholesterol 0mg	

alue *	Amount per serving	% Daily Value *
0%	Total Carbohydrate 28g	10%
0%	Dietary Fiber 1g	5%
	Total Sugars <1g	
0%	Includes 0g Added Suga	irs 0 %
12%	Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition advice.

Calories

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0.2mg 0% • Potassium 20mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Wheat Nuggets, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

French Market Hearth 5/8"

Shelf Life: 6 months frozen, 7 days from thaw

Item# 174143

5/8" sliced

Nutrition
Facts

19 servings per container Serving size 1 21/50 oz (40g)

Calories per serving

II OIII tiidii			
Amount per serving	% Daily Value *	Amount per serving % D	aily Value *
Total Fat 0g	0%	Total Carbohydrate 21g	8%
Saturated Fat 0g	0%	Dietary Fiber 1g	3%
Trans Fat 0g		Total Sugars <1g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	s 0 %
Sodium 270mg	12%	Protein 4g	

Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 0mg 0% • Potassium 0mg 0%

general nutrition advice.

used for

The % Daily Value (DV) tells you how much a nutrient in a serving of food

contributes to a daily diet, 2,000

calories a day is

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

French Market Hearth 3/4"

Shelf Life: 6 months frozen, 7 days from thaw

Item# 174140

Vitamin D 0mcg 0% • Calcium 40mg 2% • Iron 0mg 0% • Potassium 0mg 0%

3/4" slice

% Daily Value 3

Nutrition
Facts

15 servings per container Serving size 1 3/5 oz (45g)

Calories per serving

Amount per serving	% Daily Value *	Amount per serving
Total Fat 0g	0%	Total Carbohyd
Saturated Fat 0g	0%	Dietary Fiber 1
Trans Fat 0g		Total Sugars <
Cholesterol 0mg	0%	Includes 0g
Sodium 310mg	13%	Protein 5g

yannana an en	
Total Carbohydrate 24g	9%
Dietary Fiber 1g	4%
Total Sugars <1g	
Includes 0g Added Sug	ars 0%
Protein 5a	

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate





Peasant Market Hearth 5/8"

Item# 174233

5/8" sliced

Nutrition
Facts

Amount per serving

Total Fat 0g

Saturated Fat 0

21 servings per container Serving size 1 1/4 oz (35g)

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%

 Amount per serving
 % Daily Value *

 Total Carbohydrate 18g
 7%

 Dietary Fiber 1g
 3%

 Total Sugars <1g</td>
 Includes 0g Added Sugars
 0%

 Protein 4g
 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories 90

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Water, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), White Distilled Vinegar, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Potato Market Hearth 3/4"

Shelf Life: 6 months frozen, 7 days from thaw

Item# 174524

3/4" sliced

Nutrition
Facts

18 servings per container Serving size 1 39/50 oz (50g)

Calories 160

% Daily Value *	Amount per serving	% Daily Value *
3%	Total Carbohydrate 29g	11%
0%	Dietary Fiber 1g	4%
	Total Sugars 4g	
0%	Includes 0g Added Sugars 0%	
12%	Protein 5g	
	3% 0%	3% Total Carbohydrate 29g 0% Dietary Fiber 1g Total Sugars 4g Includes 0g Added Suga

Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 2mg 10% • Potassium 70mg 2%

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat

Round Sourdough 1/2"

Shelf Life: 6 months frozen, 7 days from thaw

Item# 173202

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

1/2" sliced Vegan

% Daily Value 3

Nutrition	1
Facts	

15 servings per container Serving size 1 77/100 oz (50g)

Calories 110

Amount per serving	% Daily Value *	Amount per serving
Total Fat 0g	0%	Total Carbohyd
Saturated Fat 0g	0%	Dietary Fiber 1
Trans Fat 0g		Total Sugars <
Cholesterol 0mg	0%	Includes 0g
Sodium 260mg	11%	Protein 5g

 Total Carbohydrate 23g
 8%

 Dietary Fiber 1g
 4%

 Total Sugars <1g</td>
 Includes 0g Added Sugars
 0%

 Protein 5g
 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)





Round Crk Wheat Sour 1/2"
Shelf Life: 6 months frozen, 7 days from thaw

Item# 173222

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0.1mg 0% • Potassium 10mg 0%

1/2" sliced

Nutrition Facts

15 servings per container Serving size 1 69/100 oz (48g)

Calories 110 per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%

% Daily Value *	
8%	
4%	
ars 0%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Wheat Nuggets, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Sour Rye Market Hearth 3/4" Shelf Life: 6 months frozen, 7 days from thaw

Item# 174304

Vitamin D 0mcg 0% • Calcium 20mg 2% • Iron 0.4mg 2% • Potassium 50mg 2%

Amount per serving

3/4" sliced

% Daily Value *

Nutrition Facts

18 servings per container Serving size 2 11/25 oz (69g)

Calories 170

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	14%

Amount per serving	70 Daily Value
Total Carbohydrate 33g	12%
Dietary Fiber 3g	10%
Total Sugars <1g	
Includes 0g Added Suga	ırs 0 %
Protein 7g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Dark Rye Flour, Caraway Seeds, Caramel Color, Salt, Wheat Gluten, Canola oil, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)