



HANDCRAFTED SINCE 1993

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Product Information Catalog
Coeur D'Alene French Baking

Baguettes

10-Grain 6" Baguette

Item # 113400

6Pk Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container

Serving size
3 1/5 oz (91g)

Calories **240**
per serving

Amount per serving	% Daily Value *
Total Fat 4.5g	6%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 420mg	18%
Vitamin D 0mcg	0%

Amount per serving	% Daily Value *
Total Carbohydrate 44g	16%
Dietary Fiber 4g	13%
Total Sugars 9g	
Includes 0g Added Sugars	0%
Protein 9g	
Calcium 10mg	0%
Iron 1.6mg	10%
Potassium 90mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

French 12" Baguette

Item #111100

2Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

4 servings per container

Serving size
1 130/161 oz (51g)

Calories **130**
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 340mg	15%
Vitamin D 0mcg	0%

Amount per serving	% Daily Value *
Total Carbohydrate 27g	10%
Dietary Fiber 1g	4%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	
Calcium 40mg	4%
Iron 0mg	0%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

French 24" Baguette

Item #112100

1Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
1 13/50 oz (36g)

Calories **90**
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Vitamin D 0mcg	0%

Amount per serving	% Daily Value *
Total Carbohydrate 18g	7%
Dietary Fiber 1g	3%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 4g	
Calcium 30mg	2%
Iron 0mg	0%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

French 24" Baguette ParBake Item #112110 1Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
12 servings per container Serving size 1 31/100 oz (37g)	Total Fat 0g	0%	Total Carbohydrate 18g	7%	
	Saturated Fat 0g	0%	Dietary Fiber 1g	3%	
	<i>Trans</i> Fat 0g		Total Sugars <1g		
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	
Calories 90 per serving	Sodium 230mg	10%	Protein 4g		
	Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 0mg 0% • Potassium 0mg 0%				

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

French 24" Baguette Item #112120 1/2 in sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
48 servings per container Serving size 8/25 oz (9g)	Total Fat 0g	0%	Total Carbohydrate 5g	2%	
	Saturated Fat 0g	0%	Dietary Fiber 0g	0%	
	<i>Trans</i> Fat 0g		Total Sugars 0g		
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	
Calories 25 per serving	Sodium 60mg	3%	Protein 1g		
	Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0mg 0% • Potassium 0mg 0%				

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Herb 24" Baguette Item #112104 1Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
12 servings per container Serving size 1 13/50 oz (36g)	Total Fat 0g	0%	Total Carbohydrate 19g	7%	
	Saturated Fat 0g	0%	Dietary Fiber 1g	3%	
	<i>Trans</i> Fat 0g		Total Sugars 1g		
	Cholesterol 0mg	0%	Includes 0g Added Sugars	0%	
Calories 90 per serving	Sodium 100mg	4%	Protein 4g		
	Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 0.1mg 0% • Potassium 0mg 0%				

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Sugar, Malt (Malted barley, wheat flour, dextrose), Salt, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Conditioner (Enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), malted barley flour, ascorbic acid, enzymes), Italian Seasoning (Oregano, Thyme, Sage, Marjoram, Basil and Rosemary), Calcium propionate

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Sourdough 24" Baguette

Item #112200

1Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
1 29/50 oz (45g)

Calories 100
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 0g	0%	Total Carbohydrate 20g	7%
Saturated Fat 0g	0%	Dietary Fiber 1g	3%
<i>Trans</i> Fat 0g		Total Sugars <1g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 220mg	9%	Protein 4g	
Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Sourdough 24" Baguette

Item #112220

1/2" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

48 servings per container

Serving size
2/5 oz (11g)

Calories 25
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 0g	0%	Total Carbohydrate 5g	2%
Saturated Fat 0g	0%	Dietary Fiber 0g	0%
<i>Trans</i> Fat 0g		Total Sugars 0g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 55mg	2%	Protein 1g	
Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat



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Product Information Catalog Coeur D'Alene French Baking

Burger Buns

Burger Bun Brioche Slider

Item #120500

12Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
2 17/20 oz (81g)

Calories 280
per serving

Amount per serving	% Daily Value *
Total Fat 10g	13%
Saturated Fat 5g	26%
<i>Trans</i> Fat 0g	
Cholesterol 65mg	22%
Sodium 45mg	2%

Vitamin D 0.1mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 40g	15%
Dietary Fiber 1g	5%
Total Sugars 9g	
Includes 2g Added Sugars	3%
Protein 8g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Burger Bun Brioche 4inch

Item #121500

8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container

Serving size
2 33/100 oz (66g)

Calories 230
per serving

Amount per serving	% Daily Value *
Total Fat 8g	11%
Saturated Fat 4g	21%
<i>Trans</i> Fat 0g	
Cholesterol 55mg	18%
Sodium 40mg	2%

Vitamin D 0.1mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 32g	12%
Dietary Fiber 1g	4%
Total Sugars 7g	
Includes 1g Added Sugars	3%
Protein 6g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Burger Bun Brioche 4.5inch

Item #122500

8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container

Serving size
2 9/10 oz (82g)

Calories 280
per serving

Amount per serving	% Daily Value *
Total Fat 10g	13%
Saturated Fat 5g	26%
<i>Trans</i> Fat 0g	
Cholesterol 65mg	22%
Sodium 45mg	2%

Vitamin D 0.1mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 40g	15%
Dietary Fiber 1g	5%
Total Sugars 9g	
Includes 2g Added Sugars	3%
Protein 8g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Burger Bun Brioche Sesame 4.5inch Item #122568 6Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container

Serving size
2 22/25 oz (82g)

Calories 320
per serving

Amount per serving	% Daily Value *
Total Fat 14g	18%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 50mg	2%

Amount per serving	% Daily Value *
Total Carbohydrate 41g	15%
Dietary Fiber 2g	6%
Total Sugars 9g	
Includes 2g Added Sugars	3%
Protein 9g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0.1mcg 0% • Calcium 10mg 0% • Iron 0.4mg 2% • Potassium 30mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Sesame Seeds, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Sesame, Wheat

Burger Bun Brioche Sesame 4.5inch Item #122588 8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container

Serving size
2 22/25 oz (82g)

Calories 320
per serving

Amount per serving	% Daily Value *
Total Fat 14g	18%
Saturated Fat 5g	26%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 50mg	2%

Amount per serving	% Daily Value *
Total Carbohydrate 41g	15%
Dietary Fiber 2g	6%
Total Sugars 9g	
Includes 2g Added Sugars	3%
Protein 9g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0.1mcg 0% • Calcium 10mg 0% • Iron 0.4mg 2% • Potassium 30mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Sesame Seeds, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Sesame, Wheat

Burger Bun Brioche 5inch Item #123500 8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container

Serving size
4 9/50 oz (119g)

Calories 410
per serving

Amount per serving	% Daily Value *
Total Fat 15g	19%
Saturated Fat 7g	37%
Trans Fat 0g	
Cholesterol 95mg	32%
Sodium 70mg	3%

Amount per serving	% Daily Value *
Total Carbohydrate 58g	21%
Dietary Fiber 2g	8%
Total Sugars 13g	
Includes 2g Added Sugars	5%
Protein 12g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0.1mcg 0% • Calcium 10mg 0% • Iron 0.1mg 0% • Potassium 10mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Burger Bun Brioche 6inch

Item #124500

8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container

Serving size
7 1/2 oz (213g)

Calories 740
per serving

Amount per serving	% Daily Value *
Total Fat 27g	34%
Saturated Fat 13g	67%
<i>Trans</i> Fat 1g	
Cholesterol 175mg	58%
Sodium 120mg	5%

Vitamin D 0.2mcg 2% • Calcium 10mg 0% • Iron 0.1mg 0% • Potassium 10mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 105g	38%
Dietary Fiber 4g	14%
Total Sugars 23g	
Includes 4g Added Sugars	8%
Protein 21g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Burger Bun Classic Slider Item #120170

12Pk Single Horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
1 3/4 oz (50g)

Calories 140
per serving

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	13%

Vitamin D 0mcg 0% • Calcium 70mg 6% • Iron 0mg 0% • Potassium 0mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 26g	9%
Dietary Fiber 1g	4%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Canola Oil, Calcium propionate, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Sugar

Contains: Wheat

Burger Bun Classic Cornmeal Slider Item #120173

12Pk Single Horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
1 3/4 oz (50g)

Calories 170
per serving

Amount per serving	% Daily Value *
Total Fat 1g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	13%

Vitamin D 0mcg 0% • Calcium 70mg 6% • Iron 0.1mg 0% • Potassium 10mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 33g	12%
Dietary Fiber 1g	5%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 6g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Cornmeal, Salt, Canola Oil, Calcium propionate, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Sugar

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Burger Bun Classic 4inch

Item #121170

8Pk

Single Horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container

Serving size
2 33/100 oz (66g)

Calories 160
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	14%

Amount per serving	% Daily Value *
Total Carbohydrate 31g	11%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 2g Added Sugars	4%
Protein 6g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 60mg 4% • Iron 2.3mg 15% • Potassium 80mg 2%

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Milk, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Malt (Malted barley, wheat flour, dextrose), Calcium propionate

Contains: Milk, Wheat

Burger Bun Classic Sesame 4inch

Item #121178

8Pk

Single horizontal slice

Shelf Life: 6 months frozen, 7 days from

Nutrition Facts

8 servings per container

Serving size
2 7/20 oz (67g)

Calories 170
per serving

Amount per serving	% Daily Value *
Total Fat 2g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	14%

Amount per serving	% Daily Value *
Total Carbohydrate 31g	11%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 2g Added Sugars	4%
Protein 6g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 60mg 4% • Iron 2.3mg 15% • Potassium 80mg 2%

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Milk, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Canola Oil, Sesame Seeds, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Malt (Malted barley, wheat flour, dextrose), Calcium propionate

Contains: Milk, Sesame, Wheat

Burger Bun Classic 4.5inch

Item #122170

8Pk

Single horizontal slice

Shelf Life: 6 months frozen, 7 days from

Nutrition Facts

8 servings per container

Serving size
3 63/100 oz (103g)

Calories 270
per serving

Amount per serving	% Daily Value *
Total Fat 2.5g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 520mg	23%

Amount per serving	% Daily Value *
Total Carbohydrate 51g	19%
Dietary Fiber 2g	6%
Total Sugars 5g	
Includes 3g Added Sugars	7%
Protein 10g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 100mg 8% • Iron 3.7mg 20% • Potassium 130mg 2%

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Milk, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Malt (Malted barley, wheat flour, dextrose), Calcium propionate

Contains: Milk, Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Burger Bun Classic Cornmeal 4.5in Item #122172 8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
	Total Fat 2.5g		3%	Total Carbohydrate 57g
Saturated Fat 0g		0%	Dietary Fiber 2g	7%
<i>Trans</i> Fat 0g			Total Sugars 5g	
Cholesterol 0mg		0%	Includes 3g Added Sugars	7%
Sodium 520mg		23%	Protein 10g	

8 servings per container
Serving size
3 3/5 oz (102g)

Calories 300
per serving

Vitamin D 0mcg 0% • Calcium 100mg 8% • Iron 3.8mg 20% • Potassium 140mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yellow Degermed Cornmeal, Sugar, Milk, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Malt (Malted barley, wheat flour, dextrose), Calcium propionate

Contains: Milk, Wheat

Burger Bun Classic Onion 4.5inch Item #122175 8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
	Total Fat 2.5g		3%	Total Carbohydrate 55g
Saturated Fat 0g		0%	Dietary Fiber 2g	8%
<i>Trans</i> Fat 0g			Total Sugars 7g	
Cholesterol 0mg		0%	Includes 3g Added Sugars	7%
Sodium 520mg		23%	Protein 10g	

8 servings per container
Serving size
3 63/100 oz (103g)

Calories 290
per serving

Vitamin D 0mcg 0% • Calcium 110mg 8% • Iron 3.8mg 20% • Potassium 220mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Onion chopped, Sugar, Milk, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Malt (Malted barley, wheat flour, dextrose), Calcium propionate

Contains: Milk, Wheat

Burger Bun Classic Onion & Cheese 4.5in Item #122176 8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
	Total Fat 4.5g		6%	Total Carbohydrate 56g
Saturated Fat 1g		6%	Dietary Fiber 2g	8%
<i>Trans</i> Fat 0g			Total Sugars 7g	
Cholesterol 5mg		2%	Includes 3g Added Sugars	7%
Sodium 570mg		25%	Protein 12g	

8 servings per container
Serving size
3 13/20 oz (103g)

Calories 310
per serving

Vitamin D 0mcg 0% • Calcium 160mg 10% • Iron 3.8mg 20% • Potassium 230mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Onion chopped, Cheddar Cheese (Pasteurized milk, Cheese culture, Salt, Enzymes, Annatto (color)), Sugar, Milk, Parmesan Cheese (Parmesan Cheese (Part-Skim Milk, Cheese cultures, Salt, Enzymes), Potato starch, Powdered cellulose, Natamycin (a natural mold inhibitor)), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Malt (Malted barley, wheat flour, dextrose), Calcium propionate

Contains: Milk, Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Burger Bun Classic Sesame 4.5inch **Item #122178** **8Pk** **Single horizontal slice**

Shelf Life: 6 months frozen, 7 days from

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
	Total Fat 2.5g	3%	Total Carbohydrate 48g	17%	
8 servings per container	Saturated Fat 0g	0%	Dietary Fiber 2g	6%	
Serving size 3 3/5 oz (102g)	Trans Fat 0g		Total Sugars 5g		
Calories 260 per serving	Cholesterol 0mg	0%	Includes 3g Added Sugars	6%	
	Sodium 490mg	21%	Protein 9g		
	Vitamin D 0mcg 0% • Calcium 90mg 8% • Iron 3.5mg 20% • Potassium 120mg 2%				

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Milk, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Malt (Malted barley, wheat flour, dextrose), Sesame Seeds, Calcium propionate

Contains: Milk, Sesame, Wheat

Burger Bun Classic 5inch **Item #123170** **8Pk** **Single horizontal slice**

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
	Total Fat 2.5g	3%	Total Carbohydrate 53g	19%	
8 servings per container	Saturated Fat 0g	0%	Dietary Fiber 2g	7%	
Serving size 3 83/100 oz (109g)	Trans Fat 0g		Total Sugars 5g		
Calories 280 per serving	Cholesterol 0mg	0%	Includes 4g Added Sugars	7%	
	Sodium 550mg	24%	Protein 10g		
	Vitamin D 0mcg 0% • Calcium 100mg 8% • Iron 3.9mg 20% • Potassium 140mg 2%				

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Milk, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Malt (Malted barley, wheat flour, dextrose), Calcium propionate

Contains: Milk, Wheat

Burger Bun Classic Sesame 5inch **Item #123178** **8Pk** **Single horizontal slice**

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts	Amount per serving	% Daily Value *	Amount per serving	% Daily Value *	* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.
	Total Fat 6g	8%	Total Carbohydrate 55g	20%	
8 servings per container	Saturated Fat 0g	0%	Dietary Fiber 2g	7%	
Serving size 3 22/25 oz (110g)	Trans Fat 0g		Total Sugars 5g		
Calories 330 per serving	Cholesterol 0mg	0%	Includes 4g Added Sugars	7%	
	Sodium 560mg	24%	Protein 11g		
	Vitamin D 0mcg 0% • Calcium 110mg 8% • Iron 4.3mg 25% • Potassium 160mg 4%				

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sesame Seeds, Sugar, Milk, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Malt (Malted barley, wheat flour, dextrose), Calcium propionate

Contains: Milk, Sesame, Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Burger Bun Potato Slider

Item #120520

12Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
1 4/5 oz (51g)

Calories 150
per serving

Amount per serving	% Daily Value *
Total Fat 2g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%

Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 1.9mg 10% • Potassium 60mg 2%

Amount per serving	% Daily Value *
Total Carbohydrate 27g	10%
Dietary Fiber 1g	3%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat

Burger Bun Potato 4inch

Item #121520

8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container

Serving size
2 3/5 oz (74g)

Calories 210
per serving

Amount per serving	% Daily Value *
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 360mg	16%

Vitamin D 0mcg 0% • Calcium 60mg 4% • Iron 2.6mg 15% • Potassium 90mg 2%

Amount per serving	% Daily Value *
Total Carbohydrate 38g	14%
Dietary Fiber 1g	5%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 7g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat

Burger Bun Potato 4.5inch

Item #122520

Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container

Serving size
3 22/25 oz (110g)

Calories 310
per serving

Amount per serving	% Daily Value *
Total Fat 4g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 540mg	23%

Vitamin D 0mcg 0% • Calcium 100mg 8% • Iron 3.9mg 20% • Potassium 130mg 2%

Amount per serving	% Daily Value *
Total Carbohydrate 57g	21%
Dietary Fiber 2g	7%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 10g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Burger Bun Potato Sesame 4.5inch Item #122528 8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container

Serving size
3 17/20 oz (109g)

Calories 290
per serving

Amount per serving	% Daily Value *
Total Fat 4g	5%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 500mg	22%

Amount per serving	% Daily Value *
Total Carbohydrate 53g	19%
Dietary Fiber 2g	6%
Total Sugars 7g	
Includes 0g Added Sugars	0%
Protein 9g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 90mg 6% • Iron 3.7mg 20% • Potassium 120mg 2%

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Sesame Seeds, Calcium propionate

Contains: Milk, Sesame, Wheat

Burger Bun Potato 5inch Item #123520 8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container

Serving size
3 22/25 oz (110g)

Calories 290
per serving

Amount per serving	% Daily Value *
Total Fat 3.5g	5%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 510mg	22%

Amount per serving	% Daily Value *
Total Carbohydrate 54g	19%
Dietary Fiber 2g	7%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 9g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 90mg 6% • Iron 3.7mg 20% • Potassium 120mg 2%

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat

Burger Bun Wheat 4.5 in Item# 122330 8Pk Single horizontal slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container

Serving size
3 2/5 oz (96g)

Calories 250
per serving

Amount per serving	% Daily Value *
Total Fat 2.5g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 410mg	18%

Amount per serving	% Daily Value *
Total Carbohydrate 47g	17%
Dietary Fiber 3g	12%
Total Sugars 4g	
Includes 3g Added Sugars	5%
Protein 11g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 90mg 6% • Iron 0.4mg 2% • Potassium 30mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Hot Dog Buns

Bun Hot Dog 6in

Item #129520

6Pk

Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container

Serving size
1 22/25 oz (53g)

Calories 140
per serving

Amount per serving	% Daily Value *
Total Fat 2g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	11%
Vitamin D 0mcg	0%

Amount per serving	% Daily Value *
Total Carbohydrate 26g	9%
Dietary Fiber 1g	3%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 5g	
Calcium 40mg	4%
Iron 1.8mg	10%
Potassium 60mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat

Bun Hot Dog 12in

Item #129526

6Pk

Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container

Serving size
5 13/25 oz (156g)

Calories 450
per serving

Amount per serving	% Daily Value *
Total Fat 6g	7%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 780mg	34%
Vitamin D 0mcg	0%

Amount per serving	% Daily Value *
Total Carbohydrate 83g	30%
Dietary Fiber 3g	10%
Total Sugars 12g	
Includes 0g Added Sugars	0%
Protein 15g	
Calcium 140mg	10%
Iron 5.7mg	30%
Potassium 190mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat



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Product Information Catalog
Coeur D'Alene French Baking

Cannonballs

Cannonball 8oz Sourdough

Item #131201

2Pk Uncut

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

2 servings per container

Serving size
8 19/20 oz (254g)

Calories 640
per serving

Amount per serving	% Daily Value *
Total Fat 2g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 1410mg	61%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

Amount per serving	% Daily Value *
Total Carbohydrate 129g	47%
Dietary Fiber 5g	19%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 26g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Cannonball 8oz Sourdough

Item #131202

5Pk Uncut

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

5 servings per container

Serving size
8 19/20 oz (254g)

Calories 640
per serving

Amount per serving	% Daily Value *
Total Fat 2g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 1410mg	61%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

Amount per serving	% Daily Value *
Total Carbohydrate 129g	47%
Dietary Fiber 5g	19%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 26g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Cannonball 8oz Sourdough

Item #131203

5Pk Cut

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

5 servings per container

Serving size
8 19/20 oz (254g)

Calories 640
per serving

Amount per serving	% Daily Value *
Total Fat 2g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 1410mg	61%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

Amount per serving	% Daily Value *
Total Carbohydrate 129g	47%
Dietary Fiber 5g	19%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 26g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Cannonball 10oz Sourdough

Item #132205

4Pk Uncut

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

4 servings per container

Serving size
10 93/100 oz (310g)

Calories 680
per serving

Amount per serving	% Daily Value *
Total Fat 2g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 1520mg	66%

Amount per serving	% Daily Value *
Total Carbohydrate 139g	51%
Dietary Fiber 6g	21%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 27g	

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Cannonball 10oz Sourdough

Item #132206

4Pk Cut

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

4 servings per container

Serving size
10 93/100 oz (310g)

Calories 680
per serving

Amount per serving	% Daily Value *
Total Fat 2g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 1520mg	66%

Amount per serving	% Daily Value *
Total Carbohydrate 139g	51%
Dietary Fiber 6g	21%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 27g	

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Cannonball 12oz Sourdough

Item #133207

4Pk Uncut

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

4 servings per container

Serving size
13 oz (369g)

Calories 880
per serving

Amount per serving	% Daily Value *
Total Fat 2.5g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 1960mg	85%

Amount per serving	% Daily Value *
Total Carbohydrate 180g	65%
Dietary Fiber 8g	27%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 36g	

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat



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Product Information Catalog Coeur D'Alene French Baking

Cannonball 16oz Sourdough
Shelf Life: 6 months frozen, 7 days from thaw

Item #134240

3/4 sliced

Nutrition Facts

9 servings per container

Serving size
1 91/100 oz (54g)

Calories 130
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 0g	0%	Total Carbohydrate 27g	10%
Saturated Fat 0g	0%	Dietary Fiber 1g	4%
<i>Trans</i> Fat 0g		Total Sugars <1g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 300mg	13%	Protein 5g	

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Ciabatta

Ciabatta Italian Square

Item #147854

4 Pk Single Horizontal Slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

4 servings per container

Serving size
4 29/50 oz (130g)

Calories 310
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 1.5g	2%	Total Carbohydrate 64g	23%
Saturated Fat 0g	0%	Dietary Fiber 3g	12%
<i>Trans</i> Fat 0g		Total Sugars 2g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 470mg	20%	Protein 12g	

Vitamin D 0mcg 0% • Calcium 130mg 10% • Iron 5.1mg 30% • Potassium 20mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Flour (Wheat flour, Vitamin C (ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced iron, thiamine mononitrate, Riboflavin, Folic acid), Italian Seasoning (Oregano, Thyme, Sage, Marjoram, Basil and Rosemary), Distilled White Vinegar (diluted with water to 5% (50 grains) acidity), Salt, Malt (Malted barley, wheat flour, dextrose), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Ciabatta Square

Item #147860

4Pk Single Horizontal Slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

4 servings per container

Serving size
4 29/50 oz (130g)

Calories 290
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 0.5g	1%	Total Carbohydrate 59g	22%
Saturated Fat 0g	0%	Dietary Fiber 2g	8%
<i>Trans</i> Fat 0g		Total Sugars 2g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 470mg	20%	Protein 11g	

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0.7mg 4% • Potassium 20mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Flour (Wheat flour, Vitamin C (ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced iron, thiamine mononitrate, Riboflavin, Folic acid), Distilled White Vinegar (diluted with water to 5% (50 grains) acidity), Salt, Malt (Malted barley, wheat flour, dextrose), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Ciabatta Square

Item #147861

4Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

4 servings per container

Serving size
4 29/50 oz (130g)

Calories 290
per serving

Amount per serving	% Daily Value *
Total Fat 0.5g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 470mg	20%

Amount per serving	% Daily Value *
Total Carbohydrate 59g	22%
Dietary Fiber 2g	8%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 11g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0.7mg 4% • Potassium 20mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Flour (Wheat flour, Vitamin C (ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced iron, thiamine mononitrate, Riboflavin, Folic acid), Distilled White Vinegar(diluted with water to 5% (50 grains) acidity), Salt, Malt (Malted barley, wheat flour, dextrose), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Ciabatta 6x3

Item #147876

6Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container

Serving size
5 2/5 oz (153g)

Calories 350
per serving

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 560mg	24%

Amount per serving	% Daily Value *
Total Carbohydrate 71g	26%
Dietary Fiber 3g	10%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 14g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.9mg 4% • Potassium 30mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Flour (Wheat flour, Vitamin C (ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced iron, thiamine mononitrate, Riboflavin, Folic acid), Distilled White Vinegar(diluted with water to 5% (50 grains) acidity), Salt, Malt (Malted barley, wheat flour, dextrose), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Dinner Rolls

Dinner Rolls 10-Grain

Item# 144530

12Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
1 39/50 oz (50g)

Calories 150
per serving

Amount per serving	% Daily Value *
Total Fat 2.5g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%

Amount per serving	% Daily Value *
Total Carbohydrate 27g	10%
Dietary Fiber 2g	8%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 1mg 6% • Potassium 50mg 2%

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Dinner Rolls Brioche

Item #144500

12Pk

Un sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
1 39/50 oz (50g)

Calories **200**
per serving

Amount per serving	% Daily Value *
Total Fat 7g	9%
Saturated Fat 3.5g	17%
Trans Fat 0g	
Cholesterol 45mg	15%
Sodium 35mg	2%

Amount per serving	% Daily Value *
Total Carbohydrate 27g	10%
Dietary Fiber 1g	4%
Total Sugars 6g	
Includes 1g Added Sugars	2%
Protein 6g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0.1mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Dinner Rolls French

Item #144100

12Pk

Un sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
1 83/100 oz (52g)

Calories **130**
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	14%

Amount per serving	% Daily Value *
Total Carbohydrate 25g	9%
Dietary Fiber 1g	4%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 40mg 4% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Dinner Rolls Herb

Item #144104

12Pk

Un sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
1 9/10 oz (54g)

Calories **140**
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	6%

Amount per serving	% Daily Value *
Total Carbohydrate 28g	10%
Dietary Fiber 1g	4%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 40mg 2% • Iron 0.1mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Sugar, Malt (Malted barley, wheat flour, dextrose), Salt, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Conditioner (Enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), malted barley flour, ascorbic acid, enzymes), Italian Seasoning (Oregano, Thyme, Sage, Marjoram, Basil and Rosemary), Calcium propionate

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Dinner Rolls Potato

Item #144520

12Pk

Un sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
1 22/25 oz (53g)

Calories 160
per serving

Amount per serving	% Daily Value *
Total Fat 2g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%

Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 2mg 10% • Potassium 70mg 2%

Amount per serving	% Daily Value *
Total Carbohydrate 29g	11%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat

Dinner Rolls Potato IW

Item #145520

Ea

Individually Wrapped

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

1 serving per container

Serving size
1 22/25 oz (53g)

Calories 160
per serving

Amount per serving	% Daily Value *
Total Fat 2g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%

Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 2mg 10% • Potassium 70mg 2%

Amount per serving	% Daily Value *
Total Carbohydrate 29g	11%
Dietary Fiber 1g	4%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat

Dinner Rolls Sourdough

Item #144200

12Pk

Un sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
1 22/25 oz (53g)

Calories 130
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	13%

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 26g	10%
Dietary Fiber 1g	4%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Dinner Rolls Sweet Molasses **Item #144600** **12Pk** **Un sliced**

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
2 7/25 oz (65g)

Calories 190
per serving

Amount per serving	% Daily Value *
Total Fat 3g	4%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 360mg	16%

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.3mg 2% • Potassium 60mg 2%

Amount per serving	% Daily Value *
Total Carbohydrate 38g	14%
Dietary Fiber 3g	12%
Total Sugars 7g	
Includes <1g Added Sugars	1%
Protein 7g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Whole Wheat Flour, Water, Sugar, Rolled Oats, Brown sugar (Sugar, Cane Molasses and Invert Sugar), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Caramel Color, Cane Molasses, Salt, Conditioner (Enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), malted barley flour, ascorbic acid, enzymes)

Contains: Wheat

Dinner Rolls Whole Wheat **Item #144430** **12Pk** **Un sliced**

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
1 3/5 oz (45g)

Calories 130
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%

Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 0.2mg 2% • Potassium 10mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 24g	9%
Dietary Fiber 2g	6%
Total Sugars 2g	
Includes 1g Added Sugars	3%
Protein 6g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Hoagies

Hoagie 6in Rustic Sl **Item #160210** **6Pk** **Single hinge slice**

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container

Serving size
4 11/20 oz (129g)

Calories 330
per serving

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 830mg	36%

Vitamin D 0mcg 0% • Calcium 100mg 8% • Iron 0.1mg 0% • Potassium 0mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 66g	24%
Dietary Fiber 3g	10%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 13g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Hoagie 6in Rustic

Item #160211

6Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container

Serving size
4 11/20 oz (129g)

Calories 330
per serving

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 830mg	36%

Amount per serving	% Daily Value *
Total Carbohydrate 66g	24%
Dietary Fiber 3g	10%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 13g	

Vitamin D 0mcg 0% • Calcium 100mg 8% • Iron 0.1mg 0% • Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Hoagie 8in Cheddar Sl

Item #160312

12Pk

Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
6 39/50 oz (192g)

Calories 520
per serving

Amount per serving	% Daily Value *
Total Fat 8g	10%
Saturated Fat 3g	16%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	6%
Sodium 1290mg	56%

Amount per serving	% Daily Value *
Total Carbohydrate 90g	33%
Dietary Fiber 4g	14%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 23g	

Vitamin D 0mcg 0% • Calcium 290mg 20% • Iron 0.1mg 0% • Potassium 20mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Cheddar Cheese (Pasteurized milk, Cheese culture, Salt, Enzymes, Annatto (color)), Parmesan Cheese (Parmesan Cheese (Part-Skim Milk, Cheese cultures, Salt, Enzymes), Potato starch, Powdered cellulose, Natamycin (a natural mold inhibitor)), Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Milk, Wheat

Hoagie 8in French Sl

Item #160310

12Pk Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
6 1/4 oz (177g)

Calories 480
per serving

Amount per serving	% Daily Value *
Total Fat 4g	5%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 1020mg	44%

Amount per serving	% Daily Value *
Total Carbohydrate 92g	33%
Dietary Fiber 4g	14%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 18g	

Vitamin D 0mcg 0% • Calcium 250mg 20% • Iron 0.2mg 0% • Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Canola Oil, Calcium propionate, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Sugar

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Hoagie 8in Herb Sl

Item #160315

12Pk

Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
6 33/100 oz (179g)

Calories 470
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 510mg	22%

Amount per serving	% Daily Value *
Total Carbohydrate 95g	35%
Dietary Fiber 4g	15%
Total Sugars 6g	
Includes 1g Added Sugars	2%
Protein 18g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 130mg 10% • Iron 0.5mg 2% • Potassium 20mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Sugar, Malt (Malted barley, wheat flour, dextrose), Salt, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Conditioner (Enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), malted barley flour, ascorbic acid, enzymes), Italian Seasoning (Oregano, Thyme, Sage, Marjoram, Basil and Rosemary), Calcium propionate

Contains: Wheat

Hoagie 8in Herb Rustic Sl

Item #160414

12Pk

Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container

Serving size
6 11/20 oz (186g)

Calories 460
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 500mg	22%

Amount per serving	% Daily Value *
Total Carbohydrate 93g	34%
Dietary Fiber 4g	15%
Total Sugars 6g	
Includes <1g Added Sugars	2%
Protein 18g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 130mg 10% • Iron 0.5mg 2% • Potassium 20mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Sugar, Malt (Malted barley, wheat flour, dextrose), Salt, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Conditioner (Enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), malted barley flour, ascorbic acid, enzymes), Italian Seasoning (Oregano, Thyme, Sage, Marjoram, Basil and Rosemary), Calcium propionate

Contains: Wheat

Hoagie 8in Marble Rye Sl

Item #160330

8Pk

Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container

Serving size
7 7/20 oz (208g)

Calories 500
per serving

Amount per serving	% Daily Value *
Total Fat 4g	5%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 940mg	41%

Amount per serving	% Daily Value *
Total Carbohydrate 97g	35%
Dietary Fiber 6g	20%
Total Sugars 2g	
Includes <1g Added Sugars	1%
Protein 20g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 40mg 4% • Iron 1.3mg 8% • Potassium 130mg 2%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Hoagie 8in Marble Rye

Item #160331

8Pk

Un sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container

Serving size
7 7/20 oz (208g)

Calories 500
per serving

Amount per serving	% Daily Value *
Total Fat 4g	5%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 940mg	41%

Vitamin D 0mcg 0% • Calcium 40mg 4% • Iron 1.3mg 8% • Potassium 130mg 2%

Amount per serving	% Daily Value *
Total Carbohydrate 97g	35%
Dietary Fiber 6g	20%
Total Sugars 2g	
Includes <1g Added Sugars	1%
Protein 20g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Hoagie 8in NW Roll Sl

Item #160319

10Pk

Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

10 servings per container

Serving size
6 1/4 oz (177g)

Calories 480
per serving

Amount per serving	% Daily Value *
Total Fat 4g	5%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 1020mg	44%

Vitamin D 0mcg 0% • Calcium 250mg 20% • Iron 0.2mg 0% • Potassium 0mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 92g	33%
Dietary Fiber 4g	14%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 18g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Canola Oil, Calcium propionate, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Sugar

Contains: Wheat

Hoagie 8in Rustic Sl

Item #160410

6Pk

Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container

Serving size
6 29/50 oz (187g)

Calories 450
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 1150mg	50%

Vitamin D 0mcg 0% • Calcium 140mg 10% • Iron 0.1mg 0% • Potassium 0mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 91g	33%
Dietary Fiber 4g	14%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 18g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Hoagie 8in Rustic

Item #160411

6Pk Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container

Serving size
6 29/50 oz (187g)

Calories 450
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 1150mg	50%

Amount per serving	% Daily Value *
Total Carbohydrate 91g	33%
Dietary Fiber 4g	14%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 18g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 140mg 10% • Iron 0.1mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Hoagie 8in Cheese Rustic Sl

Item #160413

6Pk Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container

Serving size
6 1/2 oz (184g)

Calories 520
per serving

Amount per serving	% Daily Value *
Total Fat 8g	10%
Saturated Fat 3g	16%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	6%
Sodium 1290mg	56%

Amount per serving	% Daily Value *
Total Carbohydrate 90g	33%
Dietary Fiber 4g	14%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 23g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 290mg 20% • Iron 0.1mg 0% • Potassium 20mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Cheddar Cheese (Pasteurized milk, Cheese culture, Salt, Enzymes, Annatto (color)), Parmesan Cheese (Parmesan Cheese (Part-Skim Milk, Cheese cultures, Salt, Enzymes), Potato starch, Powdered cellulose, Natamycin (a natural mold inhibitor)), Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Milk, Wheat

Hoagie 8in Sour Sl

Item #160320

12Pk

Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
53/122 oz (12g)

Calories 30
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 70mg	3%

Amount per serving	% Daily Value *
Total Carbohydrate 6g	2%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 1g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Hoagie 8in Whole Wheat Sl

Item #160335

12Pk

Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

12 servings per container

Serving size
5 79/116 oz (161g)

Calories 420
per serving

Amount per serving	% Daily Value *
Total Fat 4.5g	6%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 690mg	30%

Vitamin D 0mcg 0% • Calcium 160mg 10% • Iron 0.7mg 4% • Potassium 50mg 2%

Amount per serving	% Daily Value *
Total Carbohydrate 80g	29%
Dietary Fiber 6g	20%
Total Sugars 7g	
Includes 5g Added Sugars	9%
Protein 19g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Hoagie 12in French S

Item #160510

4Pk

Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

4 servings per container

Serving size
7 3/10 oz (207g)

Calories 540
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 1370mg	60%

Vitamin D 0mcg 0% • Calcium 170mg 15% • Iron 0.1mg 0% • Potassium 0mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 108g	39%
Dietary Fiber 5g	17%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 22g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Hoagie 12in Cheddar Sl

Item #160512

4Pk

Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

4 servings per container

Serving size
7 1/4 oz (206g)

Calories 650
per serving

Amount per serving	% Daily Value *
Total Fat 11g	14%
Saturated Fat 4.5g	23%
<i>Trans</i> Fat 0g	
Cholesterol 30mg	9%
Sodium 1590mg	69%

Vitamin D 0mcg 0% • Calcium 380mg 30% • Iron 0.2mg 2% • Potassium 20mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 109g	40%
Dietary Fiber 5g	17%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 28g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Cheddar Cheese (Pasteurized milk, Cheese culture, Salt, Enzymes, Annatto (color)), Parmesan Cheese (Parmesan Cheese (Part-Skim Milk, Cheese cultures, Salt, Enzymes), Potato starch, Powdered cellulose, Natamycin (a natural mold inhibitor)), Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Milk, Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Hoagie 12in Pillow Unsl

Item #160564

4Pk

Un sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

4 servings per container

Serving size
7 oz (198g)

Calories 560
per serving

Amount per serving	% Daily Value *
Total Fat 4.5g	6%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 1150mg	50%

Vitamin D 0mcg 0% • Calcium 300mg 25% • Iron 0.3mg 2% • Potassium 30mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 108g	39%
Dietary Fiber 5g	17%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 22g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Sugar, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Salt, Canola Oil, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Calcium propionate, Milk

Contains: Milk, Wheat

Hoagie 12in Wheat Unsl

Item #160533

4Pk

Un sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

4 servings per container

Serving size
7 43/100 oz (211g)

Calories 480
per serving

Amount per serving	% Daily Value *
Total Fat 5g	6%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 790mg	35%

Vitamin D 0mcg 0% • Calcium 180mg 15% • Iron 0.8mg 4% • Potassium 50mg 2%

Amount per serving	% Daily Value *
Total Carbohydrate 91g	33%
Dietary Fiber 6g	23%
Total Sugars 8g	
Includes 5g Added Sugars	10%
Protein 22g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Hoagie 12in Wheat Sl

Item #160536

4Pk

Single hinge sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

4 servings per container

Serving size
7 43/100 oz (211g)

Calories 480
per serving

Amount per serving	% Daily Value *
Total Fat 5g	6%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 790mg	35%

Vitamin D 0mcg 0% • Calcium 180mg 15% • Iron 0.8mg 4% • Potassium 50mg 2%

Amount per serving	% Daily Value *
Total Carbohydrate 91g	33%
Dietary Fiber 6g	23%
Total Sugars 8g	
Includes 5g Added Sugars	10%
Protein 22g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Hoagie 24in French

Item #160711

1Pk

Un sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

4 servings per container

Serving size
3 77/100 oz (107g)

Calories 270
per serving

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 680mg	30%
Vitamin D 0mcg 0% • Calcium 80mg 6% • Iron 0.1mg 0% • Potassium 0mg 0%	

Amount per serving	% Daily Value *
Total Carbohydrate 54g	20%
Dietary Fiber 2g	8%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 11g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Batard French Stick

Item #160910

1Pk

Un sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

4 servings per container

Serving size
3 77/100 oz (107g)

Calories 300
per serving

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 760mg	33%
Vitamin D 0mcg 0% • Calcium 90mg 8% • Iron 0.1mg 0% • Potassium 0mg 0%	

Amount per serving	% Daily Value *
Total Carbohydrate 60g	22%
Dietary Fiber 3g	9%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 12g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Lobster Rolls

Lobster Roll Top Sl

Item# 161840

8Pk

Top sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container

Serving size
3 63/100 oz (103g)

Calories 300
per serving

Amount per serving	% Daily Value *
Total Fat 4g	5%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 530mg	23%
Vitamin D 0mcg 0% • Calcium 90mg 8% • Iron 3.8mg 20% • Potassium 130mg 2%	

Amount per serving	% Daily Value *
Total Carbohydrate 56g	20%
Dietary Fiber 2g	7%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 10g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Lobster Roll Top Unsl

Item# 161841

8Pk

Un sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container

Serving size
3 63/100 oz (103g)

Calories 300
per serving

Amount per serving	% Daily Value *
Total Fat 4g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 530mg	23%

Amount per serving	% Daily Value *
Total Carbohydrate 56g	20%
Dietary Fiber 2g	7%
Total Sugars 8g	
Includes 0g Added Sugars	0%
Protein 10g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 90mg 8% • Iron 3.8mg 20% • Potassium 130mg 2%

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat

Sub Rolls

Sub Roll Banh Mi Sl

Item# 162261

6Pk

Un sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container

Serving size
4 1/10 oz (116g)

Calories 270
per serving

Amount per serving	% Daily Value *
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 450mg	19%

Amount per serving	% Daily Value *
Total Carbohydrate 55g	20%
Dietary Fiber 2g	6%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 9g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 2.7mg 15% • Potassium 40mg 0%

INGREDIENTS: Water, Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Unbleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Distilled White Vinegar(diluted with water to 5% (50 grains) acidity), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Intens Moist (Enriched wheat flour (malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), enzymes)

Contains: Wheat

Sub Roll 6in French Sl

Item# 162210

6Pk

Single hinged slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container

Serving size
4 3/4 oz (135g)

Calories 340
per serving

Amount per serving	% Daily Value *
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 700mg	30%

Amount per serving	% Daily Value *
Total Carbohydrate 66g	24%
Dietary Fiber 3g	10%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 13g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 180mg 15% • Iron 0.2mg 2% • Potassium 20mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Sugar, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Salt, Canola Oil, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Calcium propionate, Milk

Contains: Milk, Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Sub Roll 6in French Unsl

Item# 162211

6Pk

Unsliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container

Serving size
4 3/4 oz (135g)

Calories 340
per serving

Amount per serving	% Daily Value *
Total Fat 3g	4%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 700mg	30%

Amount per serving	% Daily Value *
Total Carbohydrate 66g	24%
Dietary Fiber 3g	10%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 13g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 180mg 15% • Iron 0.2mg 2% • Potassium 20mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Sugar, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Salt, Canola Oil, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Calcium propionate, Milk

Contains: Milk, Wheat

Sub Roll 6in Herb Sl

Item# 162214

6Pk

Single hinged slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container

Serving size
4 3/4 oz (135g)

Calories 330
per serving

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 360mg	16%

Amount per serving	% Daily Value *
Total Carbohydrate 67g	24%
Dietary Fiber 3g	11%
Total Sugars 4g	
Includes <1g Added Sugars	1%
Protein 13g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 90mg 8% • Iron 0.3mg 2% • Potassium 10mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Sugar, Malt (Malted barley, wheat flour, dextrose), Salt, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Conditioner (Enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), malted barley flour, ascorbic acid, enzymes), Italian Seasoning (Oregano, Thyme, Sage, Marjoram, Basil and Rosemary), Calcium propionate

Contains: Wheat

Sub Roll 6in Wheat Sl

Item# 162244

6Pk

Single hinged slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container

Serving size
4 1/2 oz (128g)

Calories 330
per serving

Amount per serving	% Daily Value *
Total Fat 3.5g	4%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 550mg	24%

Amount per serving	% Daily Value *
Total Carbohydrate 63g	23%
Dietary Fiber 4g	16%
Total Sugars 6g	
Includes 4g Added Sugars	7%
Protein 15g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 120mg 10% • Iron 0.5mg 2% • Potassium 40mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat



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**Product Information Catalog
Coeur D'Alene French Baking**

Torpedos

Torpedo Lg French

Item#164100

10Pk

Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

10 servings per container

Serving size
5 7/10 oz (162g)

Calories 440
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 1110mg	48%

Vitamin D 0mcg 0% • Calcium 140mg 10% • Iron 0.1mg 0% • Potassium 0mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 88g	32%
Dietary Fiber 4g	14%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 18g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Torpedo Pillow

Item# 164640

6Pk

Single hinge slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container

Serving size
3 22/25 oz (110g)

Calories 280
per serving

Amount per serving	% Daily Value *
Total Fat 2.5g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 580mg	25%

Vitamin D 0mcg 0% • Calcium 150mg 10% • Iron 0.2mg 0% • Potassium 10mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 54g	20%
Dietary Fiber 2g	9%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 11g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Sugar, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Salt, Canola Oil, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Calcium propionate, Milk

Contains: Milk, Wheat

Torpedo Sourdough

Item# 164200

10Pk

Unliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

10 servings per container

Serving size
7 29/50 oz (215g)

Calories 580
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 1280mg	56%

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 117g	43%
Dietary Fiber 5g	18%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 23g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Torpedo Sourdough ParBake **Item#164210** **10Pk** **Un sliced**

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

10 servings per container

Serving size
8 1/20 oz (228g)

Calories 580
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 1280mg	56%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

Amount per serving	% Daily Value *
Total Carbohydrate 117g	43%
Dietary Fiber 5g	18%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 23g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Torpedo Sw Molasses **Item# 164590** **6Pk** **Single hinged slice**

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

6 servings per container

Serving size
4 13/20 oz (132g)

Calories 390
per serving

Amount per serving	% Daily Value *
Total Fat 6g	7%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 750mg	33%
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.5mg	2%
Potassium 120mg	2%

Amount per serving	% Daily Value *
Total Carbohydrate 75g	27%
Dietary Fiber 6g	23%
Total Sugars 14g	
Includes 1g Added Sugars	3%
Protein 13g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Whole Wheat Flour, Water, Sugar, Brown sugar (Sugar, Cane Molasses and Invert Sugar), Canola Oil, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Caramel Color, Cane Molasses, Rolled Oats, Salt, Conditioner (Enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), malted barley flour, ascorbic acid, enzymes)

Contains: Wheat

Sliced Hearthpan

Hearthpan 10-Grain 1/2" **Item # 170402** **1/2 inch sliced**

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

26 servings per container

Serving size
1 7/25 oz (36g)

Calories 90
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.6mg	4%
Potassium 30mg	0%

Amount per serving	% Daily Value *
Total Carbohydrate 17g	6%
Dietary Fiber 1g	5%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 3g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Hearthpan 10-Grain 5/8"

Item # 170403

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

21 servings per container

Serving size
1 71/100 oz (48g)

Calories 120
per serving

Amount per serving	% Daily Value *
Total Fat 2g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%

Amount per serving	% Daily Value *
Total Carbohydrate 23g	8%
Dietary Fiber 2g	6%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 4g	

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.8mg 4% • Potassium 40mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

Hearthpan 10-Grain 5/8"

Item # 170404

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

19 servings per container

Serving size
1 3/4 oz (50g)

Calories 130
per serving

Amount per serving	% Daily Value *
Total Fat 2.5g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%

Amount per serving	% Daily Value *
Total Carbohydrate 23g	8%
Dietary Fiber 2g	7%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 5g	

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.9mg 4% • Potassium 50mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

Hearthpan Brioche 5/8"

Item# 170503

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

21 servings per container

Serving size
1 33/50 oz (47g)

Calories 170
per serving

Amount per serving	% Daily Value *
Total Fat 6g	8%
Saturated Fat 3g	15%
<i>Trans</i> Fat 0g	
Cholesterol 40mg	13%
Sodium 25mg	1%

Amount per serving	% Daily Value *
Total Carbohydrate 24g	9%
Dietary Fiber 1g	3%
Total Sugars 5g	
Includes <1g Added Sugars	2%
Protein 5g	

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat



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Product Information Catalog Coeur D'Alene French Baking

Hearthpan Brioche 3/4"

Item# 170504

3/4 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

11 servings per container

Serving size
3 4/25 oz (90g)

Calories 320
per serving

Amount per serving	% Daily Value *
Total Fat 12g	15%
Saturated Fat 6g	29%
<i>Trans</i> Fat 0g	
Cholesterol 75mg	26%
Sodium 50mg	2%

Amount per serving	% Daily Value *
Total Carbohydrate 46g	17%
Dietary Fiber 2g	6%
Total Sugars 10g	
Includes 2g Added Sugars	4%
Protein 9g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0.1mcg 0% • Calcium 10mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Invert syrup, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Hearthpan Brioche 1"

Item# 170505

1 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container

Serving size
4 7/20 oz (123g)

Calories 440
per serving

Amount per serving	% Daily Value *
Total Fat 16g	20%
Saturated Fat 8g	40%
<i>Trans</i> Fat 0.5g	
Cholesterol 105mg	35%
Sodium 70mg	3%

Amount per serving	% Daily Value *
Total Carbohydrate 63g	23%
Dietary Fiber 2g	8%
Total Sugars 14g	
Includes 3g Added Sugars	5%
Protein 12g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0.1mcg 0% • Calcium 10mg 0% • Iron 0.1mg 0% • Potassium 10mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Invert syrup, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Hearthpan Cracked Wheat Sour 1/2"

Item# 170222

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

26 servings per container

Serving size
1 2/5 oz (40g)

Calories 90
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%

Amount per serving	% Daily Value *
Total Carbohydrate 19g	7%
Dietary Fiber 1g	4%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 4g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0.1mg 0% • Potassium 10mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Wheat Nuggets, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Hearthpan Cracked Wheat Sour 5/8"

Item# 170223

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

21 servings per container

Serving size
1 43/50 oz (53g)

Calories 140
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%

Amount per serving	% Daily Value *
Total Carbohydrate 28g	10%
Dietary Fiber 2g	5%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0.2mg 2% • Potassium 20mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Wheat Nuggets, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Hearthpan French 1/2"

Item# 170102

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

26 servings per container

Serving size
1 17/100 oz (33g)

Calories 90
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%

Amount per serving	% Daily Value *
Total Carbohydrate 19g	7%
Dietary Fiber 1g	3%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 4g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Hearthpan French 5/8"

Item# 170103

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

21 servings per container

Serving size
1 9/20 oz (41g)

Calories 120
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%

Amount per serving	% Daily Value *
Total Carbohydrate 24g	9%
Dietary Fiber 1g	4%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 40mg 2% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Hearthpan French 3/4"

Item# 170104

3/4 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

19 servings per container

Serving size
1 3/5 oz (45g)

Calories **130**
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 0g	0%	Total Carbohydrate 26g	9%
Saturated Fat 0g	0%	Dietary Fiber 1g	4%
<i>Trans</i> Fat 0g		Total Sugars <1g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 330mg	14%	Protein 5g	
Vitamin D 0mcg 0% • Calcium 40mg 4% • Iron 0mg 0% • Potassium 0mg 0%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Hearthpan French 1"

Item# 170105

1 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

14 servings per container

Serving size
2 17/100 oz (62g)

Calories **170**
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 0.5g	1%	Total Carbohydrate 35g	13%
Saturated Fat 0g	0%	Dietary Fiber 2g	6%
<i>Trans</i> Fat 0g		Total Sugars <1g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 440mg	19%	Protein 7g	
Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 0mg 0% • Potassium 0mg 0%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Hearthpan Marble Rye 1/2"

Item# 170312

1/2 inch slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

26 servings per container

Serving size
1 37/100 oz (39g)

Calories **90**
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 0.5g	1%	Total Carbohydrate 18g	7%
Saturated Fat 0g	0%	Dietary Fiber 1g	4%
<i>Trans</i> Fat 0g		Total Sugars 0g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 180mg	8%	Protein 4g	
Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.3mg 2% • Potassium 30mg 0%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Hearthpan Marble Rye 5/8"

Item# 170313

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

21 servings per container

Serving size
1 69/100 oz (48g)

Calories 110
per serving

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	9%

Amount per serving	% Daily Value *
Total Carbohydrate 22g	8%
Dietary Fiber 1g	5%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.3mg 2% • Potassium 30mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Hearthpan Marble Rye 3/4"

Item# 170314

3/4 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

19 servings per container

Serving size
1 89/100 oz (54g)

Calories 130
per serving

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	11%

Amount per serving	% Daily Value *
Total Carbohydrate 25g	9%
Dietary Fiber 1g	5%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.3mg 2% • Potassium 30mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Hearthpan Sourdough 1/2"

Item# 170202

1/2" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

26 servings per container

Serving size
1 1/2 oz (43g)

Calories 100
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%

Amount per serving	% Daily Value *
Total Carbohydrate 21g	8%
Dietary Fiber 1g	3%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 4g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Hearthpan Sourdough 5/8"

Item# 170203

5/8" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

21 servings per container

Serving size
1 6/7 oz (53g)

Calories 130
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 0g	0%	Total Carbohydrate 26g	10%
Saturated Fat 0g	0%	Dietary Fiber 1g	4%
<i>Trans</i> Fat 0g		Total Sugars <1g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 290mg	12%	Protein 5g	
Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Hearthpan Sourdough 3/4"

Item# 170204

3/4" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

19 servings per container

Serving size
19 oz (539g)

Calories 1320
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 4g	5%	Total Carbohydrate 269g	98%
Saturated Fat 0g	0%	Dietary Fiber 11g	41%
<i>Trans</i> Fat 0g		Total Sugars 8g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 2930mg	127%	Protein 53g	
Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.1mg 0% • Potassium 10mg 0%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Hearthpan Sourdough 1"

Item# 170205

1" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

14 servings per container

Serving size
2 79/100 oz (79g)

Calories 190
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 0.5g	1%	Total Carbohydrate 39g	14%
Saturated Fat 0g	0%	Dietary Fiber 2g	6%
<i>Trans</i> Fat 0g		Total Sugars 1g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 430mg	19%	Protein 8g	
Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Hearthpan Sour Rye 1/2"

Item# 170302

1/2" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

26 servings per container

Serving size
1 7/20 oz (38g)

Calories 90
per serving

Amount per serving	% Daily Value *
Total Fat 0.5g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.2mg 2% • Potassium 30mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 19g	7%
Dietary Fiber 2g	6%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 4g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Dark Rye Flour, Caraway Seeds, Caramel Color, Salt, Wheat Gluten, Canola oil, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Hearthpan Sour Rye 5/8"

Item# 170303

5/8" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

21 servings per container

Serving size
1 67/100 oz (47g)

Calories 120
per serving

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.3mg 2% • Potassium 40mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 23g	8%
Dietary Fiber 2g	7%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Dark Rye Flour, Caraway Seeds, Caramel Color, Salt, Wheat Gluten, Canola oil, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Hearthpan Wheat 1/2"

Item# 170332

1/2" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

26 servings per container

Serving size
1 39/100 oz (39g)

Calories 100
per serving

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%

Vitamin D 0mcg 0% • Calcium 40mg 2% • Iron 0.2mg 0% • Potassium 10mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 19g	7%
Dietary Fiber 1g	5%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Hearthpan Wheat 5/8"

Item# 170333

5/8" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

21 servings per container

Serving size
1 18/25 oz (49g)

Calories 120
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%

Amount per serving	% Daily Value *
Total Carbohydrate 23g	8%
Dietary Fiber 2g	6%
Total Sugars 2g	
Includes 1g Added Sugars	3%
Protein 6g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 40mg 4% • Iron 0.2mg 2% • Potassium 10mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Sliced Lg Deli

Lg Deli 10-Grain 1/2"

Item# 171402

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

17 servings per container

Serving size
1 97/125 oz (50g)

Calories 130
per serving

Amount per serving	% Daily Value *
Total Fat 2.5g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%

Amount per serving	% Daily Value *
Total Carbohydrate 23g	8%
Dietary Fiber 2g	7%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.9mg 4% • Potassium 50mg 0%

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

Lg Deli 10-Grain 5/8"

Item# 171403

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

13 servings per container

Serving size
2 8/25 oz (66g)

Calories 170
per serving

Amount per serving	% Daily Value *
Total Fat 3g	4%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	12%

Amount per serving	% Daily Value *
Total Carbohydrate 30g	11%
Dietary Fiber 2g	9%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 6g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 1.1mg 6% • Potassium 60mg 2%

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Lg Deli 10-Grain 3/4"

Item# 171404

3/4 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

11 servings per container

Serving size
2 3/4 oz (78g)

Calories 200
per serving

Amount per serving	% Daily Value *
Total Fat 3.5g	4%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 340mg	15%

Amount per serving	% Daily Value *
Total Carbohydrate 36g	13%
Dietary Fiber 3g	10%
Total Sugars 7g	
Includes 0g Added Sugars	0%
Protein 7g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 1.3mg 8% • Potassium 70mg 2%

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

Lg Deli Brioche 1/2"

Item# 171502

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

17 servings per container

Serving size
1 4/5 oz (51g)

Calories 180
per serving

Amount per serving	% Daily Value *
Total Fat 6g	8%
Saturated Fat 3g	16%
<i>Trans</i> Fat 0g	
Cholesterol 40mg	14%
Sodium 30mg	1%

Amount per serving	% Daily Value *
Total Carbohydrate 25g	9%
Dietary Fiber 1g	3%
Total Sugars 5g	
Includes 1g Added Sugars	2%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Lg Deli Brioche 5/8"

Item# 171503

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

13 servings per container

Serving size
2 7/20 oz (67g)

Calories 230
per serving

Amount per serving	% Daily Value *
Total Fat 8g	11%
Saturated Fat 4g	21%
<i>Trans</i> Fat 0g	
Cholesterol 55mg	18%
Sodium 35mg	2%

Amount per serving	% Daily Value *
Total Carbohydrate 33g	12%
Dietary Fiber 1g	4%
Total Sugars 7g	
Includes 1g Added Sugars	3%
Protein 6g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0.1mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Lg Deli Brioche 3/4"

Item# 171504

3/4 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

11 servings per container

Serving size
2 39/50 oz (79g)

Calories 270
per serving

Amount per serving	% Daily Value *
Total Fat 10g	13%
Saturated Fat 5g	25%
<i>Trans</i> Fat 0g	
Cholesterol 65mg	22%
Sodium 45mg	2%

Vitamin D 0.1mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 39g	14%
Dietary Fiber 1g	5%
Total Sugars 8g	
Includes 2g Added Sugars	3%
Protein 8g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Lg Deli Brioche 1"

Item# 171505

1 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container

Serving size
3 83/100 oz (109g)

Calories 380
per serving

Amount per serving	% Daily Value *
Total Fat 14g	17%
Saturated Fat 7g	34%
<i>Trans</i> Fat 0g	
Cholesterol 90mg	30%
Sodium 60mg	3%

Vitamin D 0.1mcg 0% • Calcium 10mg 0% • Iron 0.1mg 0% • Potassium 10mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 53g	19%
Dietary Fiber 2g	7%
Total Sugars 12g	
Includes 2g Added Sugars	4%
Protein 11g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Lg Deli Brioche Unsl

Item# 171500

Un sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

1 serving per container

Serving size
30 3/5 oz (867g)

Calories 2960
per serving

Amount per serving	% Daily Value *
Total Fat 107g	137%
Saturated Fat 54g	268%
<i>Trans</i> Fat 3.5g	
Cholesterol 700mg	233%
Sodium 470mg	21%

Vitamin D 0.8mcg 4% • Calcium 50mg 4% • Iron 0.4mg 2% • Potassium 40mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 419g	152%
Dietary Fiber 15g	55%
Total Sugars 92g	
Includes 17g Added Sugars	34%
Protein 83g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Lg Deli Cracked Wheat Sour 1/2"

Item# 171222

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

17 servings per container

Serving size
1 53/100 oz (43g)

Calories 120
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%

Amount per serving	% Daily Value *
Total Carbohydrate 25g	9%
Dietary Fiber 1g	5%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0.2mg 0% • Potassium 10mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Wheat Nuggets, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Lg Deli Cracked Wheat Sour 5/8"

Item# 171223

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

13 servings per container

Serving size
2 11/20 oz (72g)

Calories 200
per serving

Amount per serving	% Daily Value *
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 390mg	17%

Amount per serving	% Daily Value *
Total Carbohydrate 41g	15%
Dietary Fiber 2g	8%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 8g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0.3mg 2% • Potassium 20mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Wheat Nuggets, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Lg Deli French 1/2"

Item# 171102

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

17 servings per container

Serving size
1 79/100 oz (51g)

Calories 120
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	13%

Amount per serving	% Daily Value *
Total Carbohydrate 25g	9%
Dietary Fiber 1g	4%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 40mg 2% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Lg Deli French 5/8"

Item# 171105

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

13 servings per container

Serving size
2 33/100 oz (66g)

Calories 160
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 400mg	18%

Amount per serving	% Daily Value *
Total Carbohydrate 32g	12%
Dietary Fiber 1g	5%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 6g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Lg Deli French 3/4"

Item# 171104

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

11 servings per container

Serving size
2 19/25 oz (78g)

Calories 190
per serving

Amount per serving	% Daily Value *
Total Fat 0.5g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 480mg	21%

Amount per serving	% Daily Value *
Total Carbohydrate 38g	14%
Dietary Fiber 2g	6%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 8g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 60mg 4% • Iron 0.1mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Lg Deli Marble Rye 1/2"

Item# 171312

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

17 servings per container

Serving size
1 79/100 oz (51g)

Calories 120
per serving

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%

Amount per serving	% Daily Value *
Total Carbohydrate 23g	9%
Dietary Fiber 1g	5%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.3mg 2% • Potassium 30mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Lg Deli Marble Rye 5/8"

Item# 171313

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

13 servings per container

Serving size
2 33/100 oz (66g)

Calories 160
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%

Vitamin D 0mcg 0% • Calcium 10mg 2% • Iron 0.4mg 2% • Potassium 40mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 31g	11%
Dietary Fiber 2g	6%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 6g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Lg Deli Marble Rye 3/4"

Item# 171314

3/4 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

11 servings per container

Serving size
2 63/83 oz (78g)

Calories 180
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 350mg	15%

Vitamin D 0mcg 0% • Calcium 20mg 2% • Iron 0.5mg 2% • Potassium 50mg 2%

Amount per serving	% Daily Value *
Total Carbohydrate 36g	13%
Dietary Fiber 2g	8%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 8g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Lg Deli Potato 1/2"

Item# 171522

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

17 servings per container

Serving size
1 47/100 oz (42g)

Calories 140
per serving

Amount per serving	% Daily Value *
Total Fat 2g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%

Vitamin D 0mcg 0% • Calcium 40mg 4% • Iron 1.7mg 10% • Potassium 60mg 2%

Amount per serving	% Daily Value *
Total Carbohydrate 25g	9%
Dietary Fiber 1g	3%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 4g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Lg Deli Potato 5/8"

Item# 171523

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

13 servings per container

Serving size
1 23/25 oz (54g)

Calories 180
per serving

Amount per serving	% Daily Value *
Total Fat 2.5g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	14%

Amount per serving	% Daily Value *
Total Carbohydrate 33g	12%
Dietary Fiber 1g	4%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 6g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 60mg 4% • Iron 2.3mg 15% • Potassium 80mg 2%

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat

Lg Deli Sourdough 1/2"

Item# 171202

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

17 servings per container

Serving size
1 17/25 oz (48g)

Calories 120
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%

Amount per serving	% Daily Value *
Total Carbohydrate 25g	9%
Dietary Fiber 1g	4%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Lg Deli Sourdough 5/8"

Item# 171203

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

13 servings per container

Serving size
2 31/159 oz (62g)

Calories 160
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 350mg	15%

Amount per serving	% Daily Value *
Total Carbohydrate 32g	12%
Dietary Fiber 1g	5%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 6g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Lg Deli Sourdough 3/4"

Item# 171204

3/4 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

11 servings per container

Serving size
2 79/133 oz (74g)

Calories 190
per serving

Amount per serving	% Daily Value *
Total Fat 0.5g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 410mg	18%

Amount per serving	% Daily Value *
Total Carbohydrate 38g	14%
Dietary Fiber 2g	6%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 8g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Lg Deli Sour Rye 1/2"

Item# 171302

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

17 servings per container

Serving size
1 77/100 oz (50g)

Calories 120
per serving

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%

Amount per serving	% Daily Value *
Total Carbohydrate 24g	9%
Dietary Fiber 2g	7%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.3mg 2% • Potassium 40mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Dark Rye Flour, Caraway Seeds, Caramel Color, Salt, Wheat Gluten, Canola oil, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Lg Deli Sour Rye 5/8"

Item# 171303

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

13 servings per container

Serving size
2 8/25 oz (66g)

Calories 160
per serving

Amount per serving	% Daily Value *
Total Fat 1g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 300mg	13%

Amount per serving	% Daily Value *
Total Carbohydrate 31g	11%
Dietary Fiber 3g	10%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 7g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 20mg 2% • Iron 0.4mg 2% • Potassium 50mg 2%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Dark Rye Flour, Caraway Seeds, Caramel Color, Salt, Wheat Gluten, Canola oil, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Lg Deli Sour Rye 3/4"

Item# 171304

3/4 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

11 servings per container

Serving size
2 37/50 oz (78g)

Calories 190
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 360mg	15%

Amount per serving	% Daily Value *
Total Carbohydrate 37g	13%
Dietary Fiber 3g	12%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 8g	

Vitamin D 0mcg 0% • Calcium 20mg 2% • Iron 0.4mg 2% • Potassium 60mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Dark Rye Flour, Caraway Seeds, Caramel Color, Salt, Wheat Gluten, Canola oil, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Lg Deli Whole Wheat 1/2"

Item# 171332

1/2" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

17 servings per container

Serving size
1 14/25 oz (44g)

Calories 110
per serving

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%

Amount per serving	% Daily Value *
Total Carbohydrate 21g	8%
Dietary Fiber 2g	5%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 5g	

Vitamin D 0mcg 0% • Calcium 40mg 4% • Iron 0.2mg 2% • Potassium 10mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Lg Deli Whole Wheat 5/8"

Item# 171333

5/8" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

13 servings per container

Serving size
2 3/20 oz (61g)

Calories 160
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%

Amount per serving	% Daily Value *
Total Carbohydrate 29g	11%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 2g Added Sugars	3%
Protein 7g	

Vitamin D 0mcg 0% • Calcium 60mg 4% • Iron 0.3mg 2% • Potassium 20mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Lg Deli Whole Wheat 3/4"

Item# 171334

3/4" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

10 servings per container

Serving size
2 4/5 oz (79g)

Calories 200
per serving

Amount per serving	% Daily Value *
Total Fat 2g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 330mg	15%

Amount per serving	% Daily Value *
Total Carbohydrate 38g	14%
Dietary Fiber 3g	10%
Total Sugars 3g	
Includes 2g Added Sugars	4%
Protein 9g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 70mg 6% • Iron 0.3mg 2% • Potassium 20mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Sliced Sm Deli

Small Deli 10-Grain 1/2"

Item# 172402

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

17 servings per container

Serving size
1 71/149 oz (42g)

Calories 110
per serving

Amount per serving	% Daily Value *
Total Fat 2g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%

Amount per serving	% Daily Value *
Total Carbohydrate 20g	7%
Dietary Fiber 2g	6%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 4g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.7mg 4% • Potassium 40mg 0%

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

Small Deli 10-Grain 5/8"

Item# 172403

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

13 servings per container

Serving size
1 93/100 oz (55g)

Calories 140
per serving

Amount per serving	% Daily Value *
Total Fat 2.5g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	11%

Amount per serving	% Daily Value *
Total Carbohydrate 26g	9%
Dietary Fiber 2g	7%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.9mg 6% • Potassium 50mg 2%

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Small Deli 10-Grain 3/4"

Item# 172404

3/4 sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

10 servings per container

Serving size
2 51/100 oz (71g)

Calories 180
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 3g	4%	Total Carbohydrate 34g	12%
Saturated Fat 0g	0%	Dietary Fiber 3g	10%
<i>Trans</i> Fat 0g		Total Sugars 7g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 310mg	14%	Protein 6g	
Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 1.2mg 6% • Potassium 70mg 2%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

Small Deli Brioche Unsl

Item# 172500

Un sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

1 serving per container

Serving size
21 97/100 oz (623g)

Calories 2200
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 80g	103%	Total Carbohydrate 311g	113%
Saturated Fat 40g	199%	Dietary Fiber 11g	40%
<i>Trans</i> Fat 2.5g		Total Sugars 68g	
Cholesterol 520mg	173%	Includes 13g Added Sugars	25%
Sodium 360mg	16%	Protein 62g	
Vitamin D 0.6mcg 4% • Calcium 40mg 2% • Iron 0.3mg 2% • Potassium 30mg 0%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Small Deli French 1/2"

Item# 172102

1/2" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

17 servings per container

Serving size
1 29/100 oz (37g)

Calories 90
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 0g	0%	Total Carbohydrate 18g	6%
Saturated Fat 0g	0%	Dietary Fiber 1g	3%
<i>Trans</i> Fat 0g		Total Sugars 0g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 220mg	10%	Protein 4g	
Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 0mg 0% • Potassium 0mg 0%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Small Deli French 5/8"

Item# 172103

5/8" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

13 servings per container

Serving size
1 17/20 oz (52g)

Calories 130
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 0g	0%	Total Carbohydrate 27g	10%
Saturated Fat 0g	0%	Dietary Fiber 1g	4%
<i>Trans</i> Fat 0g		Total Sugars <1g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 340mg	15%	Protein 5g	
Vitamin D 0mcg 0% • Calcium 40mg 4% • Iron 0mg 0% • Potassium 0mg 0%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Small Deli French 3/4"

Item# 172104

3/4 " slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

10 servings per container

Serving size
2 2/5 oz (68g)

Calories 160
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 0.5g	1%	Total Carbohydrate 33g	12%
Saturated Fat 0g	0%	Dietary Fiber 1g	5%
<i>Trans</i> Fat 0g		Total Sugars <1g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 420mg	18%	Protein 7g	
Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 0mg 0% • Potassium 0mg 0%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Small Deli Marble Rye 1/2"

Item# 172312

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

17 servings per container

Serving size
1 3/10 oz (37g)

Calories 90
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 0.5g	1%	Total Carbohydrate 18g	6%
Saturated Fat 0g	0%	Dietary Fiber 1g	4%
<i>Trans</i> Fat 0g		Total Sugars 0g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 170mg	7%	Protein 4g	
Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.2mg 2% • Potassium 20mg 0%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Small Deli Marble Rye 5/8"

Item# 172313

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

13 servings per container

Serving size
1 39/50 oz (50g)

Calories 120
per serving

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.3mg 2% • Potassium 30mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 24g	9%
Dietary Fiber 1g	5%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Rye Flour, Caraway Seeds, Salt, Wheat Gluten, Canola Oil, Caramel Color, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Small Deli Potato 1/2"

Item# 172522

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

17 servings per container

Serving size
1 27/50 oz (40g)

Calories 120
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%

Vitamin D 0mcg 0% • Calcium 40mg 2% • Iron 1.5mg 8% • Potassium 50mg 2%

Amount per serving	% Daily Value *
Total Carbohydrate 21g	8%
Dietary Fiber 1g	3%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 4g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat

Small Deli Sourdough 1/2"

Item# 172202

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

17 servings per container

Serving size
1 27/50 oz (44g)

Calories 110
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 22g	8%
Dietary Fiber 1g	3%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 4g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Small Deli Sourdough 5/8"

Item# 172203

5/8 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

13 servings per container

Serving size
2 23/100 oz (63g)

Calories 150
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 0g	0%	Total Carbohydrate 31g	11%
Saturated Fat 0g	0%	Dietary Fiber 1g	5%
Trans Fat 0g		Total Sugars <1g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 340mg	15%	Protein 6g	
Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Small Deli Sourdough 3/4"

Item# 172204

3/4 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

10 servings per container

Serving size
2 9/10 oz (82g)

Calories 200
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 0.5g	1%	Total Carbohydrate 41g	15%
Saturated Fat 0g	0%	Dietary Fiber 2g	6%
Trans Fat 0g		Total Sugars 1g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 440mg	19%	Protein 8g	
Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Conditioner (Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Ascorbic Acid, Enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid)

Contains: Wheat

Small Deli Sour Rye 1/2"

Item# 172302

1/2 inch sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

17 servings per container

Serving size
1 49/100 oz (42g)

Calories 110
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 1g	1%	Total Carbohydrate 22g	8%
Saturated Fat 0g	0%	Dietary Fiber 2g	7%
Trans Fat 0g		Total Sugars <1g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 210mg	9%	Protein 5g	
Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 0.2mg 2% • Potassium 40mg 0%			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Dark Rye Flour, Caraway Seeds, Caramel Color, Salt, Wheat Gluten, Canola oil, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Small Deli Whole Wheat 1/2"

Item# 172332

1/2" Sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

17 servings per container

Serving size
1 21/50 oz (40g)

Calories 100
per serving

Amount per serving	% Daily Value *
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 170mg	7%

Amount per serving	% Daily Value *
Total Carbohydrate 19g	7%
Dietary Fiber 1g	5%
Total Sugars 2g	
Includes 1g Added Sugars	2%
Protein 5g	

Vitamin D 0mcg 0% • Calcium 40mg 2% • Iron 0.2mg 0% • Potassium 10mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Small Deli Whole Wheat 5/8"

Item# 172333

5/8" Sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

13 servings per container

Serving size
1 17/20 oz (52g)

Calories 130
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	9%

Amount per serving	% Daily Value *
Total Carbohydrate 25g	9%
Dietary Fiber 2g	6%
Total Sugars 2g	
Includes 1g Added Sugars	3%
Protein 6g	

Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 0.2mg 2% • Potassium 10mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Small Deli Whole Wheat 3/4"

Item# 172334

3/4" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

10 servings per container

Serving size
2 41/100 oz (68g)

Calories 170
per serving

Amount per serving	% Daily Value *
Total Fat 2g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%

Amount per serving	% Daily Value *
Total Carbohydrate 33g	12%
Dietary Fiber 2g	8%
Total Sugars 3g	
Includes 2g Added Sugars	4%
Protein 8g	

Vitamin D 0mcg 0% • Calcium 60mg 4% • Iron 0.3mg 2% • Potassium 20mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Whole Wheat Flour, Wheat Gluten, Sugar, Oat bran, Canola Oil, Salt, Honey, Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Calcium propionate, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Caramel Color

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Specialty Breads

10-Grain Market Hearth 3/4"

Item# 174404

3/4" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

18 servings per container

Serving size
2 3/25 oz (60g)

Calories **150**
per serving

Amount per serving	% Daily Value *
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%

Amount per serving	% Daily Value *
Total Carbohydrate 27g	10%
Dietary Fiber 2g	8%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 1mg 6% • Potassium 50mg 2%

INGREDIENTS: Water, Whole Wheat Flour, Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), 9Grain Cracked Wheat Flour (Hard red wheat, oat, groats, triticale, barley, rye, soft white wheat, spelt, hard white wheat, flax seed), Honey, Canola Oil, Cane Molasses, Wheat Gluten, Hulled Sunflower Seeds, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Yeast, Sorbitan monostearate, Ascorbic acid), Hulled Millet, White distilled Vinegar

Contains: Wheat

Brioche Bread Unsl

Item# 174500

Un sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

1 serving per container

Serving size
22 3/10 oz (632g)

Calories **2200**
per serving

Amount per serving	% Daily Value *
Total Fat 80g	102%
Saturated Fat 40g	199%
Trans Fat 2.5g	
Cholesterol 520mg	173%
Sodium 360mg	16%

Amount per serving	% Daily Value *
Total Carbohydrate 311g	113%
Dietary Fiber 11g	40%
Total Sugars 68g	
Includes 13g Added Sugars	25%
Protein 62g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0.6mcg 4% • Calcium 40mg 2% • Iron 0.3mg 2% • Potassium 30mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Brioche Bread Sl

Item# 174505

1 inch

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

8 servings per container

Serving size
2 79/100 oz (79g)

Calories **280**
per serving

Amount per serving	% Daily Value *
Total Fat 10g	13%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 45mg	2%

Amount per serving	% Daily Value *
Total Carbohydrate 39g	14%
Dietary Fiber 1g	5%
Total Sugars 9g	
Includes 2g Added Sugars	3%
Protein 8g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0.1mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Unsalted Butter (Cream (Milk), natural flavor (lactic acid)), Fresh Whole Eggs, Sugar, Glaze (Water, vegetable oil, vegetable proteins, dextrose, maltodextrins and starch), Invert syrup, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Eggs, Milk, Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Cracked Wheat Sour Market 5/8"

Item# 174223

5/8" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

22 servings per container

Serving size
2 1/20 oz (58g)

Calories 140
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0.2mg 0% • Potassium 20mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 28g	10%
Dietary Fiber 1g	5%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Wheat Nuggets, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

French Market Hearth 5/8"

Item# 174143

5/8" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

19 servings per container

Serving size
1 21/50 oz (40g)

Calories 110
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 270mg	12%

Vitamin D 0mcg 0% • Calcium 30mg 2% • Iron 0mg 0% • Potassium 0mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 21g	8%
Dietary Fiber 1g	3%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 4g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

French Market Hearth 3/4"

Item# 174140

3/4" slice

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

15 servings per container

Serving size
1 3/5 oz (45g)

Calories 120
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 310mg	13%

Vitamin D 0mcg 0% • Calcium 40mg 2% • Iron 0mg 0% • Potassium 0mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 24g	9%
Dietary Fiber 1g	4%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Calcium propionate

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog Coeur D'Alene French Baking

Peasant Market Hearth 5/8"

Item# 174233

5/8" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

21 servings per container

Serving size
1 1/4 oz (35g)

Calories **90**
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 0g	0%	Total Carbohydrate 18g	7%
Saturated Fat 0g	0%	Dietary Fiber 1g	3%
<i>Trans</i> Fat 0g		Total Sugars <1g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 200mg	9%	Protein 4g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Tap, Municipal, Salt, Water, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), White Distilled Vinegar, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat

Potato Market Hearth 3/4"

Item# 174524

3/4" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

18 servings per container

Serving size
1 39/50 oz (50g)

Calories **160**
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 2g	3%	Total Carbohydrate 29g	11%
Saturated Fat 0g	0%	Dietary Fiber 1g	4%
<i>Trans</i> Fat 0g		Total Sugars 4g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 280mg	12%	Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 50mg 4% • Iron 2mg 10% • Potassium 70mg 2%

INGREDIENTS: Flour (Wheat flour, Vitamin C (Ascorbic acid added as a dough conditioner), Enzyme (added for improved baking), Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Canola Oil, Dehydrated Potatoes, Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid), Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Milk, Calcium propionate

Contains: Milk, Wheat

Round Sourdough 1/2"

Item# 173202

1/2" sliced Vegan

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

15 servings per container

Serving size
1 77/100 oz (50g)

Calories **110**
per serving

Amount per serving	% Daily Value *	Amount per serving	% Daily Value *
Total Fat 0g	0%	Total Carbohydrate 23g	8%
Saturated Fat 0g	0%	Dietary Fiber 1g	4%
<i>Trans</i> Fat 0g		Total Sugars <1g	
Cholesterol 0mg	0%	Includes 0g Added Sugars	0%
Sodium 260mg	11%	Protein 5g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0mg 0% • Potassium 0mg 0%

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Made in a facility that uses Eggs, Milk, Peanuts, Tree Nuts, Soy, Sesame Seeds, and Wheat.



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Product Information Catalog
Coeur D'Alene French Baking

Round Crk Wheat Sour 1/2"

Item# 173222

1/2" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

15 servings per container

Serving size
1 69/100 oz (48g)

Calories 110
per serving

Amount per serving	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	10%

Vitamin D 0mcg 0% • Calcium 0mg 0% • Iron 0.1mg 0% • Potassium 10mg 0%

Amount per serving	% Daily Value *
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 4g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Wheat Nuggets, Salt, Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes)

Contains: Wheat

Sour Rye Market Hearth 3/4"

Item# 174304

3/4" sliced

Shelf Life: 6 months frozen, 7 days from thaw

Nutrition Facts

18 servings per container

Serving size
2 11/25 oz (69g)

Calories 170
per serving

Amount per serving	% Daily Value *
Total Fat 1.5g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 320mg	14%

Vitamin D 0mcg 0% • Calcium 20mg 2% • Iron 0.4mg 2% • Potassium 50mg 2%

Amount per serving	% Daily Value *
Total Carbohydrate 33g	12%
Dietary Fiber 3g	10%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 7g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Flour (Wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Water, Dark Rye Flour, Caraway Seeds, Caramel Color, Salt, Wheat Gluten, Canola oil, Rye emulsion (water, propylene glycol, natural flavors, xanthan gum and caramel color), Dough conditioner (Enriched wheat flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, ascorbic acid, enzymes), Yeast (Bakers yeast, sorbitan monostearate, may contain ascorbic acid)

Contains: Wheat